

LIFELINE

YOUR CONNECTION TO CURRENT MEDICAL
RESOURCES

Traumatic Brain Injury

VOLUME 22

FALL 2013



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A PUBLICATION OF THE HEALTH
CONCERNS COMMITTEE

AN AD HOC COMMITTEE OF RASD,
A DIVISION OF SCLA

INTRODUCTION

This bibliography on Traumatic Brain Injuries, compiled by the Health Concerns Committee of the Reference and Adult Services Division of the Suffolk County Library Association, is designed to act as a reference tool and a collection development guide. It presents an annotated, selective list of items in this subject area suitable for purchase by public and academic libraries. Most of the materials have publication dates within the past three years. All titles were selected by the committee. An attempt was made to cover all types of materials, including periodicals, adult, children and young adult books, databases, films, organizations, Internet sites, and hotlines.

The Health Concerns Committee was formed in January 1989. Its purpose is to explore and exchange information about health-related resources on topics of interest to public, school, academic, and special library patrons. Its objectives are to produce an annual bibliography and arrange an annual program as part of the RASD workshops. All librarians in Suffolk County are encouraged to join the committee.

Rona Dressler
Health Concerns Committee

Traumatic Brain Injury

BOOKS

Baniel, Anat. *Kids beyond Limits: The Anat Baniel Method for Awakening the Brain and Transforming the Life of Your Child with Special Needs*. New York: Penguin Group, 2012. 9780399537363. 268p. \$16.00.

The author, a clinical psychologist, runs the *Anat Baniel Method Facility* in California, and has worked on the development of her method for more than thirty years. The first three chapters of her book describe how the child's brain can change to improve his or her life, followed by the next nine chapters, each devoting itself to one of the Nine Essentials. Each one is described, with case studies and tools to be used in practicing the Essential. The book concludes with an appendix of Frequently Asked Questions, a bibliography of further reading, a chapter-by-chapter listing of references, and an index. The book is written for general and professional audiences.

Benvenisti, Steven, Esq. *Spring Break: A True Story of Hope and Determination*. Upper Saddle River, NJ: TMS Publishing Company, 2012. 9781469903644. 224p. \$15.95.

Benvenisti is a personal injury attorney whose practice is devoted exclusively to representing drunk driving and personal injury victims. In this book, he tells the true story of Ben, a college senior on spring break who is the pedestrian victim of a drunk driver. We read about his weeks-long coma, battle with other injuries and MRSA, and ultimate survival. After leaving the hospital Ben undergoes an intense period of rehabilitation therapies and other operations. Then onward to graduate college and attend law school; Ben credits his recovery and rehabilitation to the help and support from family, friends and medical personnel, and, not the least, to his sheer will and determination. Today, Ben is a practicing lawyer who also supports Mothers against Drunk Driving (M.A.D.D.) in their work. The book is written for a general audience.

Butler, Colleen. *Concussion Recovery*. Victoria, BC, Canada: Hidden Lighthouse Publishers, 2012. 9781475024821. 160p. \$24.95.

The author is an international speaker and lifestyle coach, and the founder of BrainNavigators.com. She has recovered from an ABI, an Acquired Brain Injury occurring from one or more impacts. Concussions can cause ABI and Traumatic Brain Injury (TBI). The author presents methods to rebuild the injured brain, including improved nutrition and nutritional supplements, sleep, physical and mental exercises, and music and discusses the effects of brain injury on emotions, boundaries, spirituality and sex and intimacy. Appendices include a guide to creating a personal work book, a brief bibliography and endnotes; no index is available. The book is written for a general audience.

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Cantu, Robert, M.D. and Mark Hyman. *Concussions and our Kids: America's Leading Expert on how to Protect Young Athletes and Keep Sports Safe*. New York: Houghton Mifflin Harcourt, 2012. 9780547773940. 181p. \$24.00.

Dr. Cantu is a chief of neurosurgery and director of the Service of Sports Medicine at Emerson Hospital in Concord, Massachusetts. He brings his experiences into play in describing what a concussion is and how it affects the lives of student and professional athletes in collision and non-collision sports. Cantu also discusses post-concussion and second impact syndromes and how they can be treated. Then, he describes chronic traumatic encephalopathy (CTE) a progressive degenerative disease of the brain found in people exposed to repetitive brain trauma over many years. Cantu continues by dispelling the many myths about concussion, offers advice to parents of student athletes, and recommends reforms in order to protect young players. Appendices include concussion signs and symptoms charts, a patient history form, and guidelines for return to play; an index is included. The book is written for parents of student athletes and a general audience.

Culverhouse, Gay. *Throwaway Players: The Concussion Crisis from Pee Wee Football to the NFL*. Lake Forest, CA: Behler Publications, 2012. 9781933016702. 152p. \$15.95.

Former Tampa Bay Buccaneers' President Gay Culverhouse is an advocate for football players with head injuries and the founder of a non-profit foundation *Gay Culverhouse Players' Outreach Program*. In this chronicle of her experiences with the game, Culverhouse exposes the hidden side of football injuries; including arthritic pain, abuse of drugs and alcohol to cope with the pain, and chronic traumatic encephalopathy (CTE), originating in the repeated blows to the head and concussions suffered by the player. Culverhouse's ultimate goal is to increase safety regulations for all levels of football players. Appendices include a listing of NFL Player Benefits for Disability, and a bibliography of resources; not indexed. The book is written for general audiences.

Fainaru-Wada, Mark and Steve Fainaru. . *League of Denial*. New York: Random House. 2013. 9780770437541. 416p. \$16.20.

League of Denial reveals how the NFL, over a period of nearly two decades, sought to cover up and deny mounting evidence of the connection between football and brain damage.

Goldstein, Joel. *No Stone Unturned: A Father's Memoir of His Son's Encounter with Traumatic Brain Injury*. Washington, D.C.: Potomac Books, 2012. 9781612344646. 215p. \$29.95.

Goldstein's sixteen-year-old son Bart suffered a traumatic brain injury (TBI) as a result of a car accident. He relates the story of Bart's path to recovery and rehabilitation, a long and arduous journey lightened by the support of family and friends. The reader is guided through a detailed landscape of hospitals, therapeutic institutions, and interactions with

Traumatic Brain Injury

medical and health personnel to learn how Bart adjusts to his injury and returns to high school. After graduation, he eventually works at a part-time job and lives by himself with some assistance. The book is written for general audiences.

Larsen, Stephen, PhD. *The Neurofeedback Solution: How to Treat Autism, ADHD, Anxiety, Brain Injury, Stroke, PTSD, and More*. Rochester, VT: Healing Arts Press, 2012. 9781594773662. 403p. \$19.95.

The author, a psychologist and neurofeedback clinician, identifies the history of neurofeedback as a sub-specialty of biofeedback and an alternative medicine practice. Describing its technology and protocols, he explains how, because of the brain's neuroplasticity (its ability to grow new neurons), a variety of neurofeedback techniques can be used to treat and improve several psychological and neurological disorders, including traumatic brain injury. This book includes a bibliography of sources, annotated list of resources, glossary of terms and acronyms, index, case examples and brain scan images. It is written for general and professional audiences.

Michaelis, Lindy Boone. *Heaven Hears: The True Story of What Happened When Pat Boone Asked the World to Pray for His Grandson's Survival*. Carol Stream, IL: Tyndale House Publishers, 2013. 9781414383248. 232p. \$13.66.

The mother of Ryan Corbin, who received a traumatic brain injury when he fell through a skylight onto a cement floor, reveals how her and her father's decision to appeal to the public for prayers on "Larry King Live" impacted Ryan's recovery.

Moser, Rosemarie Scolaro, PhD. *Ahead of the Game: The Parents' Guide to Youth Sports Concussion*. Hanover, NH: Dartmouth College Press, 2012. 9781611682243. 210p. \$19.95.

The author is a neuropsychologist and the director of the Sports Concussion Center of New Jersey. Her goal in writing this book is to instruct the reader, who is a school-age athlete or parent of one, on: what a concussion is, identifying it (always to be done by medical personnel), treating the concussion, making the responsible decision to return to the playing field, undergoing preseason baseline testing for preventive care, and setting up a concussion health care team in advance. Moser wraps up the book by discussing the recent changes in law to protect the rights of injured sports players. Appendices include: a list of resources, a Sports Concussion Card to help identify concussion, a state-by-state guide to new and pending concussion legislation, a lengthy chapter-by-chapter listing of references, and an index. The book is written for general and professional audiences.

Muenchberger, Heidi , Elizabeth Kendall, and John Wright. *Health and Healing after Traumatic Brain Injury: Understanding the Power of Family, Friends, Community, and*

Traumatic Brain Injury

Other Support Systems (Disability Insights and Issues). Westport: Greenwood Publishing Group. 2013. 9781440828867. 260p. \$45.60.

This book offers a unique combination of practitioner perspectives on what works for individual patients, consumer stories and learned insights over time, as well as researcher insights from innovative programs. It provides a holistic account of the important factors in living with a brain injury that will inform and benefit health practitioners and policy makers as well as people with brain injuries and their family members and friends.

Mukand, Jon, M.D., PhD. *The Man with the Bionic Brain: and Other Victories over Paralysis*. Chicago: Chicago Review Press, 2012. 9781613740552. 353p. \$26.95.

Dr. Jon Mukand is a rehabilitation medicine specialist and the medical director of the Southern New England Rehabilitation Center. He tells the case histories of several of his patients who suffer from various disabilities such as brain trauma, stroke and spinal injuries and how these have improved through their use of new technologies. But this is especially the story of Matt and his involvement in a clinical trial of the BrainGate Neural Interface System; with this he received a brain implant that was linked to a computer via a fiber-optic cable allowing his thoughts to direct the cursor of the computer. Bibliographic notes and an index are provided. The book is written for general and professional audiences.

Pirollo, Jill. *Live Your Life! A Journey of Discovery Before, During and After Traumatic Brain Injury*. Studio City: Mandalay Publishing, 2013. 9780989597517. 424p. \$17.09.

Traumatic Brain Injury and cancer survivor Jill Pirollo provides an inspiration to live your life and not wait to accomplish your dreams. Expanding her world through travel opened up excitement and a spirit of adventure that couldn't be stopped by mere physical disabilities. Jill's insights and perspectives provide hope and humor to other survivors and anyone interested in living life to the fullest.

Plank, Susan M., D.C. *Reversing Brain Injury Naturally: Eight Steps To Improve Your Life After Brain Injury*. CreateSpace Independent Publishing. 2013. 978-1490306711. 74p. \$13.50.

Written by traumatic brain injury survivor, chiropractor and nutritionist, Dr. Susan Plank, shares the nutritional protocols and associated research she relied upon to boost her memory and cognitive function.

Senelick, Richard C. MD *Living with Brain Injury A Guide for Patients and Families 3rd Edition*. Birmingham: HealthSouth Corporation. 2013. 9781891525179. 270p. \$17.35.

Living with Brain Injury is an important resource for patients and families who are recovering from an acquired brain injury. In clear language, the book explains how to cope with the physical, cognitive, and behavioral changes that take place after a brain injury occurs. Previous editions of this book have been called the one book to read and keep at your side.

Traumatic Brain Injury

Stoler, Diane Roberts. *Coping with Concussion and Mild Traumatic Brain Injury: A Guide to Living with the Challenges Associated with Post-Concussion Syndrome and Brain Trauma*. New York: Avery Trade, 2013. 1583334769. 352p. \$10.80.

Often presenting itself after a head trauma, concussion— or mild traumatic brain injury (mTBI)— can cause chronic migraines, depression, memory, and sleep problems that can last for years, referred to as post-concussion syndrome (PCS). Neuropsychologist and concussion survivor Dr. Diane Roberts Stoler is the authority on all aspects of the recovery process.

Valentino, Donna. *Headstrong: Surviving a Traumatic Head Injury Without Losing My Mind*. Dallas: Brown Books Publishing Company, 2013. 9781612540740. 152p. \$15.36.

After crossing several cattle guards successfully on her ATV, Donna Valentino attempts to navigate another—only to crash into an unmarked and almost invisible chain. In an instant, her life turns into a nightmare of injuries, including a severe brain injury. After months of rehabilitation and a courageous battle to regain her life, Donna wrote this book, recounting her remarkable journey of recovery and adaptation.

Waddell, Marshale Carter and Kelly K. Orr. *Wounded Warrior, Wounded Home: Hope and Healing for Families Living with PTSD and TBI*. Ada: Bakers Publishing Group. 2013. 978-0800721565. 208p. \$12.59.

When a combat veteran struggles with post-traumatic stress disorder (PTSD) and/or traumatic brain injury (TBI), every member of the family experiences the effects. This book gives families a look inside the minds and hearts of wounded warriors and guides them in developing their own personal plan for physical, emotional, and spiritual wholeness in the wake of war.

Wilson, Barbara A., Jill Winegardner, and Fiona Ashworth. *Life after Brain Injury: Survivors' Stories*. New York: Psychology Press, 2013. 978-1848721128. 264p. \$51.95.

This is the first book of its kind to include the personal accounts of people who have survived injury to the brain, along with professional therapists' reports of their progress through rehabilitation. The paintings and stories of survivors combine with experts' discussions of the theory and practice of brain injury rehabilitation to illustrate the ups and downs that survivors encounter in their journey from pre-injury status to insult and post-injury rehabilitation.

JUVENILE BOOKS

Maxwell, Shannon. *Big Boss Brain: Learning About Traumatic Brain Injuries*. Bowie, MD: 4th Division Press, 2012. 978161751-0069. 40p. \$15.95.

Based on the author's personal experience, this book is aimed at helping children understand the effects of brain injury on a loved one. It offers hope of continued love despite the changes resulting from the illness.

Stewart, Sheila and Camden Flath. *What's Wrong With My Brain?: Kids with Brain Injury*. Broomall, PA: Mason Crest Publishers, 2011. 9781422219287. 48p. \$7.95.

Part of the series, Kids with Special Needs: Idea (Individuals with Disabilities Education Act), this hopeful book is recommended for children aged 10 and above to help them understand the effects of traumatic brain injury.

ABOUT CHILDREN, FOR ADULTS

Coskie, Dixie. *Unthinkable: Tips for Surviving a Child's Traumatic Brain Injury*. Deadwood, OR: Wyatt-MacKensie Publishing, 2011. 9781936214419. 94p. \$10.00.

A caregiver companion based on the author's personal experience and a follow-up to her 2010 book, *Unthinkable: A Mother's Tragedy, Terror and Triumph Through a Child's Traumatic Brain Injury*.

Kirkwood, Michael W. and Keith Owen Yeats: *Mild Traumatic Brain Injury in Children and Adolescents*. New York: Guildford Press, 2012. 9781462505135. 400p. \$75.00.

Various authorities on the subject report on the science behind these injuries as well as on their evaluation and treatment.

PERIODICAL ARTICLES

Bartlett, Sue, et al. "Traumatic brain injury: looking back, looking forward." *Exceptional Parent*. 41:2 (February 2011) 30.

Historically, TBI has received limited national attention and support. However, since it is the signature injury of the military conflicts in Iraq and Afghanistan, TBI has gained attention of elected officials, military leaders, policymakers, and the public.

Bryant, Ashleigh. "Brain injury recovery and coping: a long road." *DAV Magazine*. 28 (July/August 2012).

The Defensive and Veterans Brain Injury Center are seeing hundreds of thousands of veteran coming home with brain injuries of varying severity

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within the past decade. This article discusses the different therapies that can be implemented for recovery and the challenges faced by the caregivers of these individuals. Also discussed is the passage of the Caregivers and Veterans Omnibus Health Services Act, which established a wide range of new support services for certain caregivers of eligible Post 9/11 veterans.

“CHOP: Head injuries most common injury in teen crashes.” *Entertainment Close-up*. (April 7, 2012).

This article discusses a safety report released by The Children’s Hospital of Philadelphia (CHOP) and State Farm that reveal that although teen driver related fatalities over the past 6 years have declined, researchers are concerned about the burden head injuries and TBI will have on the Nations health care system and their families. Serious head injuries can make a life long impact on a young person’s life. Techniques used to prevention car accidents, such as using seat belt, teaching key driving skills, such as speed control and hazard detection are discussed.

Cutter, Matthew, Law, Bridge Murray, and Kellie Rowden-Racetter. “Back to their old selves.” *ASHA Leader* 3 (July 2012) 14.

The authors interview 3 individuals who sustained horrific traumatic brain injuries and were able to make amazing recoveries through courage perseverance and amazing medical care.

Dennis, Alicia. “Brain bank secrets: searching for clues.” *People Weekly*. 75:14 (April 11, 2011) 94.

Former football player Dave Duerson left a note instructing that his brain be donated to science, particularly to study the permanent damage caused by brain injuries to athletes before he committed suicide on February 7, 2011.

Egede, Leonard E., Dismuke, Clara, and Carrae Echols. “Racial/ethnic disparities in mortality risk among us veterans with Traumatic Brain Injury. *American Journal of Public Health*. 2:102 (May 2012) 266-271.

This article examines the connection between race/ethnicity with mortality risk in a national cohort of US veterans clinically diagnosed with traumatic brain injury. Researchers found that veterans with a Hispanic ethnicity are positively associated with a higher mortality rate. The method, measurement and analysis of the study are described here and include a results table. Includes references, tables and charts.

Elias, Eileen, et al. “Traumatic brain injury and substance abuse.” *Exceptional Parent*. 41:10 (October 2011) 34-36.

The article presents information on the causes and effects of a traumatic brain injury (TBI) in relation to substance use and abuse. Approximately one in five adolescents, between the ages of 12 and 17, engage in

Traumatic Brain Injury

abusive/dependent or problematic use of illicit drugs or alcohol every year in the U.S. Substance use is a risk factor for TBI and can affect cognitive skills, or information-processing skills, and psychomotor skills, or hand-eye coordination.

Elias, Eileen, et al. "Understanding traumatic brain injury: an introduction." *The Exceptional Parent*. 41:7 (July 2011) 33.

The following article is the first of a multi-part series on traumatic brain injury (TBI). Historically, TBI has received very limited national public policy attention and support. However since it has become the signature injury of the military conflicts in Iraq and Afghanistan, TBI has gained the attention of elected officials, military leaders, policymakers, and the public.

Epstein, David. "Uncertain connections." *Sports Illustrated*. 116:20 (May 2012) 46-47.

This article examines the connection between mental depression, suicide and football-related brain injuries. The suicide of NFL Player Junior Seau is discussed.

Griffin, Katherine. "The brain fixers." *Reader's Digest*. 178:1066 (May 2011) 146-157.

The article discusses the initiative of scientists, military, and sports leaders in different fields to help prevent, diagnose, and treat traumatic brain injury (TBI). Various concerns brought effective changes for the American soldiers, the National Football League, and the National Hockey League.

Hames, Jacqueline M. "Could be more than a 'headache.'" *Soldiers*. 66:5 (May 2011) 16-17.

The article discusses concussions and more severe brain injuries, which are reported to be a common problem in the U.S. armed forces.

Holmes, Bob. "Deep impact." *New Scientist*. 211:2829 (September 10, 2011) 38-41.

The article discusses research on the effect of concussions, also known as mild traumatic brain injury, by scientists including Mark Burns, Jamshid Ghajar, and Douglas Smith.

Jackson, Nancy Mann. "Dn't txt n drv: why you should disconnect while driving." *Current Health Teens, a Weekly Reader publication*. 37:7 (March 2011) 6.

The article talks about the risks of texting while driving with special reference to an accident involving teenager Wil Craig in which he received serious injuries.

Kolich, Heather N. "Brain trust: a healthy brain is your greatest asset, but it's often taken for granted until it has problem." *Vibrant Life*. 29:4 (July-August 2013) 20.

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This article examines the parts of the human brain, its various brain developmental stages over a life span and describes how and why traumatic brain injuries, (TBIs) are so damaging and what the impact can be for life. The author writes from personal experience having suffered from a TBI when she was 17 years old.

McGrath, Ben. "Does football have a future?" *New Yorker*. 86:46 (January 31, 2011) 41-51.

The article discusses head injuries and concussions among football players in the U.S. National Football League (NFL) and rising public awareness of the dangers associated with the violence of the sport.

Oz, Mehmet. "Playing defense." *Time*. 177:4 (January 31, 2011) 52.

The article presents the author's view that parents and coaches are responsible for keeping children safe from sports-related concussions.

Saey, Tina Hesman. "Brain cell growth restores function: new neurons help patch up learning, memory after injury." *Science News*. 179:9 (April 23, 2011) 10.

The article reports on a study that appeared in the March 30, 2011 issue of the "Journal of Neuroscience" regarding research in which scientists blocked the growth of new neurons in mice, which hindered their ability to remember a water maze after a brain injury.

"Say no to snow tubing." *Good Housekeeping*. 252:2 (February 2011) 103.

Sledding-related injuries send about 20,000 kids to the ER each year, reports a study in *Pediatrics*, and snow tubes are the leading cause of traumatic brain injuries.

Segura, Melissa. "The other half of the story." *Sports Illustrated*. 117:10 (September 2012) 60-66.

This article documents the lives of several NFL professional football players who suffer from dementia brought on by repetitive traumatic brain injuries (TBIs) during their careers. The caregivers of these men, mostly women are their voices and advocates. In this article they share their stories, offer advice and speak about the physical and mental devastation TBIs can cause.

Solotaroff, Paul. "This is your brain on football." *Rolling Stone*. 1175 (January 2013) 56-71.

This article discusses the health effects of head injuries and concussion brought on by playing football and other sports. The symptoms of concussions are discussed as well as a condition of post concussion syndrome. The sudden deaths of two high school players and the death of professional football player Mike Webster, considered to be the first ex-player to test positive for *Chronic Traumatic Encephalopathy* (CTE) are discussed.

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Stollar, Ken. "Hyperbaric oxygen therapy in the treatment of traumatic brain injury." *The Exceptional Parent*. 41:8 (August 2011) 34.

The article focuses on the use of the hyperbaric oxygen therapy (HBOT) in the treatment of traumatic brain injury (TBI). In acute severe TBI, HBOT has been shown to be effective in reducing mortality.

Toporek, Bryan. "Early-childhood brain injuries can have long-term effects." *Education Week*. 31:19 (February 2013) 9-9.

This article discusses the long-term intellectual effects of traumatic brain injuries suffered by children age sixteen years or younger that played sports. According to the study published in the February 2012 issue of *Pediatrics*, children who suffered brain injuries in early childhood can experience lingering effects for at least 10 years.

Tucker, Patrick. "Sensing brain injuries." *Futurist*. 46:4 (July/August 2013) 12-13.

The article discusses the development of a helmet that can detect a head injury using an electrode that measures electromagnetic brain waves. The developer also states that the helmet has been used to diagnose the early stages of Alzheimer's disease.

Voosen, Paul. "A brain gone bad." *Chronicle of Higher Education*. 59:42 (July 2013) 6-10.

This article discusses a study conducted by researchers Robert A. Stern and Christine Baugh of Boston University regarding diagnosis of chronic traumatic encephalopathy (CTE), a neurological degenerative disease found in individuals who have been subjected to repetitive traumatic brain injuries. The author was allowed to shadow one of the patients and describes the testing process, which includes in-depth history taking, brain scans, and a spinal tap. A diagnosis may not be known for years.

Weir, Kirsten. "Hard hit: is football too violent for the health of its players?" *Current Science, a Weekly Reader publication*. 97:3 (October 14, 2011) 4.

The article focuses on brain concussion and chronic traumatic encephalopathy (CTE) which are both common medical conditions suffered by football players.

Yuhas, Daisy. "Your brain on sports." *Scientific American*. 308:2 (February 2013) 17.

This article discusses new evidence that links athletic injuries to debilitating brain damage brought on by repetitive trauma. The study was published by *Brain*, an online journal by researchers at the Boston University School of Medicine, and the U.S. Department of Veterans Affairs.

Newspaper Articles

“Brain Study Finds 2 Main Symptom Patterns.” *Daily Herald*, Arlington Heights, IL. (Aug. 22, 2013) 6.

Early signs of a destructive brain disease linked with head blows might include mood changes in younger athletes and mental decline at older ages, a small study of deceased former players suggests. Chronic traumatic encephalopathy, or CTE, diagnosed after death by autopsy, may manifest itself in chronic mood and behavior changes in young athletes. In older players, mental decline is usually the first symptom.

Dao, James. “Athletes’ Brain Disease is found in Veterans.” *The New York Times*. (May 17, 2012) A14.

Scientists who have studied a degenerative brain disease in athletes have found the same condition in combat veterans exposed to roadside bombs in Iraq and Afghanistan, concluding that such explosions injure the brain in ways strikingly similar to tackles and punches. Studies concluded that there is an organic, structure problem in the brain associated with blast explosions which damage brain tissue and triggers the wasting disease.

Fuoco, Michael A., “Pitt, UPMC to Lead Study of Severe Brain Injuries in Youth.” *Pittsburgh Post-Gazette*. (July 26, 2013). Business News

Two researchers from University of Pittsburgh Graduate School of Public Health have been chosen by the National Institutes of Health to lead a \$16.5 million international study to evaluate various treatments for severe traumatic brain injury in children. This five year study will enroll 1000 children 18 years of old and younger in medical facilities in US, England, Spain and France to compare the effectiveness of their immediate treatment for TBI.

Hafner, Kate. “Skull Surgery offers Perils and Potential.” *The New York Times*. (July 16, 2013).D1.

Hemicraniectomy, or removal of skull surrounding swelling brain tissue, has been in existence since the early 1970’s for both traumatic brain injuries and for strokes. In recent years it has been a common procedure to treat soldiers who have been injured in battle. Many doctors feel that it can leave the patient profoundly disabled if they are able to recover at all and the quality of life is severely compromised. Decisions should be made concerning the quality of life.

Pennington, Bill. “A New Way to Care for Young Brains.” *The New York Times*. (May 6, 2013) D1.

Deep concern among parents about the effects of concussions is colliding with the imprecise understanding of the injury. Head injuries are strangely archaic with no predictability and doctors today see too much anxiety and

Traumatic Brain Injury

fear, among parents. 90% of concussions in children are resolved within a month, if not sooner.

Parents who insist on x-rays and brain scans are doing a disservice to their children. In most cases, radiology to pediatric brains is not a good thing. Concussions may be the only injury where the younger you are, the longer it may take to recover. Most important, parents should not over react to a possible concussion and not discourage their children to play sports. A concussion in a school age athlete can be a problem but obesity and sedentary lifestyles are having a much greater impact on society. The worst thing to do is to make kids less active.

“Study: Disease Caused by Repeat Brain Trauma in Athletes may Affect Memory, Mood, Behavior”. *States News Service* (August 21, 2013).

New research suggests chronic traumatic encephalopathy, a brain disease associated with repeat brain trauma including concussions in athletes, may affect people in two major ways: initially affecting behavior or mood or initially affecting memory and thinking abilities. The findings suggest that the diagnosis of dementia in older individuals with a history of repeat brain trauma may be difficult because many of the symptoms of CTE are similar to other diseases like Alzheimer’s.

Tuller, David. “A Hormonal Remedy for Brain Injuries is Explored”. *The New York Times*. (June 19, 2012) D5.

In 2007, researchers at Emory University reported that in a trial of 100 patients, the mortality rate after 30 days among brain-injured patients who received progesterone was just 13 percent, compared with 30 per cent for those given a placebo. Also, patients who were given progesterone experienced greater functional improvement.

Progesterone reduces swelling that leads to brain cells dying off and may blunt cellular damage from free radicals and promote myelin production in damaged nerve cells, experts believe.

Zarembo, Alan. “Research Reveals Hidden Damage in War Veterans”. *Los Angeles Times*. (August 1, 2013) A1.

Evidence suggests that pituitary problems may be going undiagnosed in victims of blast-related brain injuries. Symptoms often overlap, which may explain why some patients do not recover and offering hope that hormone replacement therapy may help. Blasts from war related incidences can damage the pituitary gland, which regulates metabolism, sexual function, blood pressure and other vital processes.

SENIORS

Pamphlet:

Preventing Traumatic Brain Injury in Older Adults

Centers for Disease Control and Prevention

http://www.cdc.gov/traumaticbraininjury/pdf/PreventingBrainInjury_Booklet_508_080227.pdf

Signs and symptoms of mild to severe traumatic brain injuries, enlightening questions to ask a doctor, healing and preventative methods, and with resources for further information displayed in an easy-to-read format. 8 pages, 2008.

Articles:

Reinberg, Steven. *Brain Injury Doesn't Raise Dementia Risk for Most: Study*

<http://healthtools.aarp.org/healthday/brain-injury-doesnt-raise-dementia-risk-for-most-study>

Describes that those who have had a previous brain injury are more likely to re-injure after age 55. Based on a research study, participants who had a traumatic brain injury, at any age, were not a higher risk of progressing any types of dementia.

Cost of Falls Among Older Adults

Centers for Disease Control and Prevention

<http://www.cdc.gov/HomeandRecreationalSafety/Falls/fallcost.html>

Statistical figures regarding hospital, insurance, and care at home costs, as well as types of injuries and treatments.

Falls Among Older Adults: An Overview

Centers for Disease Control and Prevention

<http://www.cdc.gov/homeandrecreationalafety/Falls/adultfalls.html>

Statistical figures, fatal risks and some preventative measures for older adults falling.

Falls in Nursing Homes

Centers for Disease Control and Prevention

<http://www.cdc.gov/HomeandRecreationalSafety/Falls/nursing.html>

Statistical evaluations and common causes of residents in nursing homes who fall. Precautionary methods including educating staff and resident, reassessing medications, and exercise programs.

SUPPORT GROUPS, AGENCIES, & ASSOCIATIONS

United States Federal Government:

Agency for Healthcare Research and Quality (AHRQ)

540 Gaither Road

Rockville, MD 20850

Telephone number: (301) 427-1364

URL: <http://www.ahrq.gov>

Offers a broad spectrum of the latest research in evidence based medicine and evidence based practice in the areas of diagnosis, treatment, care planning, prevention, health, and patient care. Includes helpful resources links, such as the website, *Healthfinder* (<http://healthfinder.gov>) where you will find consumer and support organizations.

Centers for Disease Control and Prevention (CDC)

National Center for Injury Prevention and Control

1600 Clifton Road

Atlanta, GA 30333

Telephone: (800) 232-4636

TTY: (888) 232-6348, Monday-Friday

URL: <http://www.cdc.gov/TraumaticBrainInjury>

A plethora of information links that includes references, educational outreach, and research programs “to help people better to recognize, respond, and recover if traumatic brain injury occurs”.

Defense Center of Excellence Outreach Center,

Defense Center of Excellence for Psychological Health and Traumatic Brain Injury (DCOE)

Telephone number: (866) 966-1020 (for psychological health and traumatic brain injury information and resources)

E-mail: resources@dcoeoutreach.org

URL: http://www.dcoe.health.mil/TraumaticBrainInjury/TBI_Information.aspx

Related URLs: <http://www.dcoe.health.mil>; <http://afterdeployment.org>;

<http://www.realwarriors.net> (website for returning service members and their families)

Established by the Defense Centers of Excellence, the DCOE Outreach Center is a 24/7 call center staffed by health consultants to provide consultations, answers, tools, tips, and resources about traumatic brain injury as part of a “continuum of care” for veterans and service members.

National Center for Biotechnology Information (NCBI)/

National Library of Medicine (NLM)

8600 Rockville Pike

Bethesda, MD 20894

URL: <http://www.nlm.nih.gov/medlineplus/traumaticbraininjury.html>

Traumatic Brain Injury

E-mail: Web form to receive updates about traumatic brain injury

This website offers authoritative health information for patients, their families, and healthcare providers about traumatic brain injury.

Related URLs from the National Center for Biotechnology Information:

<http://www.ncbi.nlm.nih.gov/guide/literature> A portal to access literature databases, downloads, tools, and related links to other literature resources.

<http://www.ncbi.nlm.nih.gov/mesh> Medical subject headings (MeSH).

<http://www.ncbi.nlm.nih.gov/pubmed> Citations and abstracts from PubMed/Medline.

<http://www.ncbi.nlm.nih.gov/pmc> Digital archive of free full-text biomedical and life sciences articles.

National Institute of Neurological Disorders and Stroke (NINDS)

NIH Neurological Institute

PO Box 5801

Bethesda, MD 20824

Telephone numbers: (800) 352-9424

(301) 496-5751

URL: <http://www.ninds.nih.gov/disorders/tbi/tbi.htm> to access the NINDS Traumatic Brain Information Page

This website is specific to information about traumatic brain injury, and it includes information about research funding and extramural research programs for researchers, and links to patient resources and publications.

United States Department of Veterans Affairs

Public Health/Traumatic Brain Injury VHI (Veterans Health Initiative)

810 Vermont Avenue, NW,

Washington, DC 20420

Telephone numbers: (877)-222-8327 for health care

(800) 827-1000 for benefits

(800) 273-8253, press 1 for counselors to help 24/7 (veterans crisis line)

URL: http://www.publichealth.va.gov/vethealthinitiative/traumatic_brain_injury.asp

As one of several Veterans Health Initiatives, the VHI for TBI is a study guide where clinicians can learn about caring for patients with traumatic brain injury. It provides an overview of different symptoms, treatment interventions, and long term care needs. It is also a guide for Veterans Affairs and non-Veterans Affairs healthcare providers caring for veteran patients with traumatic brain injury.

Related links to search for information about TBI: <http://www.index.va.gov>;
<http://www.index.va.gov/search>

New York State:

Brain Injury Association of New York State (BIANYS)

10 Colvin Avenue

Albany, NY 12206-1242

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Telephone numbers: (800) 444-6443 (NYS only)

(518) 459-7911

Fax: (518) 482-5285

E-mail: info@bianys.org

URL: <http://www.bianys.org>

The BIANYS, along with its national organization, the Brain Injury Association of America (<http://www.biausa.org>), is devoted to advocacy on behalf of brain injured patients, their families, and caregivers on the national, state, and local levels, and assisting the traumatic brain injury patient with navigating insurance coverage and rehabilitation services, and providing current research findings and health information.

Suffolk County Organizations:

Coma/Traumatic Brain Injury Recovery Association, Inc.

8300 Republic Airport, Suite 106

Farmingdale, NY 11735

Telephone: (631) 756-1826

Fax: (631) 756-1827

E-mail: inquiry@comarecovery.org

Contact person: Kate Metzger

Telephone: (631) 968-3741

Audience: Brain injury survivors, family members, friends, health professionals; Professionals frequently are in attendance.

Time: Meets monthly in the evenings

Assists with information and referrals about socialization alternatives, receiving support from others suffering from brain injuries, treatments, and rehabilitation services.

Cushing Neuroscience Institute of the North Shore Long Island Jewish Health System

Southside Hospital

301 East Main Street

Bay Shore, NY 11706

URL: <http://www.northshorelij.com/cushing-neuroscience-institute/our-centers/traumatic>

Contact: Katie Metzger

E-mail: neuro@nshs.edu to contact the Cushing Neuroscience Institute Traumatic Brain Injury Center

Telephone: (631) 968-3741 to contact Katie Metzger

(516) 562-3816 to contact the Cushing Neuroscience Institute Traumatic Brain Center

Time: Meets the second Wednesday of every month, 7-9 PM

Related URL: <http://www.northshorelij.com/cushing-neuroscience-institute>

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Head Injury Association

300 Kennedy Drive

Hauppauge, NY 11788

Telephone: (631) 543-2245 for coping with traumatic brain injury

URLs: <http://www.headinjuryassoc.org>; <http://www.headinjuryassoc.org/coping.html>;

<http://www.headinjuryassoc.org/services.html>

Contact: Liz Giordano, CEO

E-mail: lgiordano@headinjury.org

According to the website, the Head Injury Association “provides a network of unique services specifically designed to meet the initial and long-term needs of both the traumatic brain injury survivor and their caregivers.”

New Beginnings Community Center for the Brain Injured

12 Platinum Court

Medford, NY 11763

Telephone: (631) 286-6166

E-mail: contact@nbli.org

URL: <http://nbli.org>

The New Beginnings Community Center is an outpatient facility that provides rehabilitation and recovery services for traumatic brain injury survivors and others with brain injuries.

Southampton Hospital

240 Meeting House Lane

Southampton, NY 11968

URL: <http://www.southamptonhospital.org/patients-visitors/resources/supportgroups>

Telephone: (631) 734-2629

Contact: Cookie Slade, Head, Brain Injury Support Group

E-mail: cookieslade@yahoo.com

Audience: Traumatic Brain Injury survivors, family, friends, and caregivers

Time: Third Thursday of every month from 12:15-1:15 PM

Location: Memorial Hall (at the corner of Herrick Road and Lewis Street)

Fee: No fee

SOCIAL MEDIA

BrainLine.org- <http://www.brainline.org/>

BrainLine.org is a comprehensive website that offers information in both English and Spanish about preventing, treating and living with traumatic brain injury. TBI patients, family and friends and TBI professionals, can access YouTube videos related to concussions, rehabilitation, caregiving,

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diagnosis, substance abuse, legal assistance, employment and training.
Follow BrainLine.org on:

Twitter at <https://twitter.com/brainline>

Facebook at <http://www.facebook.com/brainline>

YouTube at <http://www.youtube.com/user/brainline>

BrainLineMilitary at <http://www.brainlinemilitary.org>

eHealth Brain and Head Injuries Forum-

http://ehealthforum.com/health/brain_head_injuries.html#axzz2Kpi8HibG

The Brain and Head Injuries Forum is a site where patients and medical professionals can discuss symptoms, treatment, medications, and side effects of head injuries.

Facebook Teen Concussion Forum-

<http://www.facebook.com/pages/Teen-Concussion-Forum/181742545177223>

The Teen Concussion Forum is a Facebook page for teens to share injury experiences, meet others with a similar condition and look for support. A Facebook account is required.

Facebook- <http://www.facebook.com/cdcheadsup>

Patients can share experiences with other brain injury survivors, family members and caregivers.

NeuroTalk Support Group-Traumatic Brain Injury and Post-Concussion Syndrome

<http://neurotalk.psychcentral.com/forum92.html>

Registration is required to view brain injury and post-concussion syndrome discussion topics and to participate online with other members of the group. The site includes a cautionary notice to consult your doctor.

Pinterest- Aphasia/TBI

<http://pinterest.com/sostherapy/aphasia-tbi/>

The website is an online pinboard for aphasia / TBI information.

Pinterest- Traumatic Brain Injury

<http://pinterest.com/gaylordhealth/traumatic-brain-injury/>

The Pinterest- Traumatic Brain Injury is an online pinboard that allows members to organize and share information, others sites, images and videos related to TBI.

TBI Forum- <http://www.traumaticbraininjuryforum.com/index.php?board=10.0>

The forum, started in 2009, provides a venue for TBI patients and caregivers to share experiences and information. Registration is required.

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Twitter- <http://www.twitter.com/CDCInjury>

The social media website, Twitter, requires registration. Post a tweet about traumatic brain injury and see what others have to say.

Twitter: #CDCHeadsUp

Web Sites

Academy of Certified Brain Injury Specialists (ABCIS) –

<http://www.acbis.pro/>

ABCIS is a standing committee of the Brain Injury Association of America. This professional website includes a list of certified brain injury specialists organized alphabetical order by name within each state.

American Speech-Language-Hearing Association- Traumatic Brain Injury

<http://www.asha.org/public/speech/disorders/tbi/>

Explains TBI and its causes, associated physical, cognitive, and communication problems, and TBI speech and language treatments. Includes a link to a Spanish translation and links to other organizations that provide TBI information.

The Brain Injury Association of America-

<http://www.biausa.org/>

The Brain Injury Association of America is an advocacy organization to support treatment, education and research as well as brain injury prevention programs. The website offers information for patients, their families, friends, caregivers and professionals who hope to improve quality of life through advocacy. Topics covered include managing at home, managing stress, and legislative issues.

Brain Injury Association of New York State

<http://www.bianys.org/>

The website has links to information about advocacy, symptoms, resources, military veterans, support groups, children, events and a blog about brain injury stories.

The Brain Injury Information Network-

<http://www.tbinet.org/>

The Brain Injury Information Network is a listserv. The listserv is used to distribute an email to all the participants in the Brain Injury Network.

The Brain Injury Recovery Network-

<http://www.tbirecovery.org/?gclid=CLPMnc2BoLYCFak7OgodklkAhA>

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The Brain Injury Recovery Network offers information about what families and friends can expect immediately after the head trauma event, as well as what can be expected in the long term. The focus is recovery. The website features information about assistive aids, alternative therapies, rehabilitation, home modifications, in addition to advice about legal and financial issues, and the transition back to school or work.

Brain Injury Resource Center-

<http://www.headinjury.com/linktbisup.htm>

The Brain Injury Resource Center offers links to: TBI support groups across the United States, resources for caregivers, chats, listserves, online groups, internet radio, blogs, brain injury resources, doctors and rehabilitation, and life after brain injury.

Brain Injury Stories-

<http://www.braininjurystories.org>

Brain injury stories is a blog written by TBI survivors to share experiences.

Brain Trauma Foundation-

<http://www.braintrauma.org/>

The site contains information about concussions and coma, links to publications about concussions and coma, guidelines for health professionals in the diagnosis and management of TBI, TBI statistics, professional educational resources, FAQs and links to other resources.

CDC Concussion in Sports-

<http://www.cdc.gov/concussion/sports/resources.html>

The CDC offers links to videos, educational resources, podcasts, and public service announcements for radio

Fact Sheet – TBI-

<http://www.agis.com/Document/781/fact-sheet---traumatic-brain-injury.aspx>

The Family Caregiver Alliance offers resources for traumatic brain injury patients and caregivers.

Make the Connection- Effects of Traumatic Brain Injury

http://maketheconnection.net/conditions/traumaticbraininjury?gclid=CJKsxdX5_LcCFYii4Aod5RYATg

The website, sponsored by the U.S. Department of Veteran Affairs, provides guidance and support for veterans who have experienced a traumatic brain injury.

National Rehabilitation Information Center

<http://www.naric.com/?q=en/node/75>

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NARIC offers a guide to agencies and organizations that will provide recovery assistance to patients and families following a traumatic brain injury.

North Shore LIJ -Traumatic Brain Injury Center-

<http://www.northshorelij.com/cushing-neuroscience-institute/our-centers/traumatic-brain-injury-center-patients-support-groups>

The website lists the meeting schedule of TBI support groups on Long Island in addition to links to other services provided by the Traumatic Brain Injury Center.

GOVERNMENT AGENCIES

Centers for Disease Control and Prevention (CDC)

<http://www.cdc.gov/TraumaticBrainInjury/>

The CDC is one of the major operating components of the Department of Health and Human Services. The TBI website offers links to information about concussion, mild and severe TBI, diagnosis, management, statistics, causes, prevention, long-term outcomes, reports, news and educational programs.

Defense and Veterans Brain Injury Center (DVBIC)

<http://www.dcoe.health.mil/Content/Navigation/Documents/About%20DVBIC.pdf>

The mission of the Defense and Veterans Brain Injury Center (DVBIC) is to serve active duty military, their beneficiaries, and veterans with traumatic brain injuries (TBIs) through state-of-the-art clinical care, innovative clinical research initiatives and educational programs.

Defense Centers of Excellence (DCoE)

<http://www.dcoe.health.mil/TraumaticBrainInjury.aspx>

DCoE provides TBI resources for health care professionals as well as services members and their families to assess health effects and support recovery from traumatic brain injury.

National Center for Injury Prevention and Control (NCIPC)

<http://www.cdc.gov/TraumaticBrainInjury/index.html>

NCIPC's mission is to prevent injuries and violence, and reduce their consequences. Provides information on concussion and Mild TBI, concussion in sports, statistics, long term outcomes, prevention, and many other topics relating to TBI.

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National Library of Medicine- National Institute of health: Traumatic Brain Injury: Medline Plus

<http://www.nlm.nih.gov/medlineplus/traumaticbraininjury.html>

The website has links to a wide scope of information for patients including: an overview of facts, symptoms, anatomy and physiology of the brain, treatment, tutorials, videos, patient handouts, news, directories, laws, research, rehabilitation, as well as targeted information for children, teens and seniors.

New York State Department of Health- Traumatic Brain Injury

http://www.health.ny.gov/prevention/injury_prevention/tbi.htm

Statistics, prevention information for parents, resources for patients

Blogs and Listservs

BrainInjuryStories.org

<http://braininjurystories.org>

A project of the Brain Injury Association of New York State (BIANYS), the blog was created for members to share their stories and experiences with brain injuries. The blog includes written work and art work.

Defense Centers of Excellence (DCoE) for Psychological Health and Traumatic Brain Injury

<http://www.dcoe.health.mil/blog.aspx>

Aimed at service members, families, and veterans, the blog entries include information about traumatic brain injury prevention and care.

TBISERV

The listserv of the Health Resources and Services Administration (HRSA)'s Maternal and Child Health Bureau Federal TBI Program. While TBISERV primarily serves the grantees of the Traumatic Brain Injury Program, additional subscribers include individuals with TBI and their family members. To subscribe email hrsa-tbitac@norc.org and request access or click on <https://list.nih.gov/cgi-bin/wa.exe?SUBED1=TBISERV&A=1>

e-Newsletters

Brainline News

<http://www.brainline.org/newsletter/newsletter.html>

Monthly newsletter is published online by BrainLine.org. Articles provide information for anyone whose life has been affected by TBI. That includes

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people with brain injury, their families, professionals in the field, and anyone else in a position to help prevent or ameliorate the toll of TBI. Online newsletter subscription is free.

BrainlineMilitary Newsletter

<http://www.brainlinemilitary.org/newsletter/>

Monthly newsletter sponsored by Brainline.org provides military-specific information and resources on traumatic brain injury to veterans; service members in the Army, Navy, Air Force, Marines, National Guard, and Reserve; and their families.

Connections

<http://caregiver.org/caregiver/jsp/>

A seasonal newsletter from Family Caregiver Alliance's National Center on Caregiving that focuses on issues and information important to caregivers—best practices, key research findings, and policy trends cover many conditions and situations including Traumatic Brain Injury. To subscribe to the “free” electronic newsletter, click on the Newsletters tab at the top of the page.

The Messenger

<http://www.mayo.edu/research/labs/traumatic-brain-injury/newsletter>

Bi-annual newsletter from Mayo clinic informs consumers and their family members, care providers, and researchers about current and past research projects and findings. Includes patient stories and descriptions of Mayo Clinic brain rehabilitation services.

Traumatic Brain Injury News

<http://www.traumaticbraininjurynews.com/html/links.html>

Explains many aspects of traumatic brain injury (TBI): its causes, effects, symptoms, available treatments, etc. It is intended for individuals who have suffered or know someone who has suffered from traumatic brain injury and wish to learn more.

TBI News & Views

<http://kesslerfoundation.org/consumers&families/newsletter.php>

Jointly produced by the Northern New Jersey Traumatic Brain Injury System and the Kessler Foundation. Traumatic Brain Injury Research at Kessler Foundation explores the effects of brain injury and tests the effectiveness of rehabilitation treatments to improve quality of life for individuals with traumatic brain injury. Subscription to the newsletter is “free.”

TREATMENT CENTERS

St. JohnLand Nursing Center

395 Sunken Meadow Road
Kings, Park, NY 11754
631-269-5800

www.stjohnland.org

It offers residents skilled nursing care and all aspects of rehabilitation, Alzheimer's/dementia care, head injury rehabilitation, adult day care, home health care and sub acute care.

St. Charles Hospital

200 Belle Terre Road
Port Jefferson, NY 11717
(631) 474-6260

www.stcharles.org

Since traumatic brain injuries are unique to each individual, a multi-disciplinary team approach is utilized with the goal of enabling each patient to achieve their optimum potential and return to independent living as much as possible. Upon admission, an individually tailored treatment plan is developed for patients after a thorough and comprehensive, interdisciplinary evaluation of the patient's needs and abilities.

Traumatic Brain Injury Unit at St. Charles Hospital

200 Belle Rd.
Port Jefferson, NY 11777
631-474-6260 (Inpatient)
631-474-7342 (Rehab)

Provides a traumatic brain injury unit for adults including in-patient, sub-acute, outpatient and community re-entry services to persons who have either traumatic or acquired injury to the brain. The Community Re-Entry component to the program gives patients the opportunity to learn or re-learn functional and daily living skills.

Coma Recovery Association/Traumatic Brain Injuries

8300 Republic Airport, Suite 106
Farmingdale, NY 11735
631-756-1826

Helps families of coma and head injury survivors by providing information and referrals, enabling them to make informed choices regarding treatment, rehabilitation and socialization alternatives as well as support from others who struggle with similar concerns.

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Suffolk Independent Living Organization (SILO)

2111 Lakeland Avenue
Lake Ronkonkoma, NY 11779
(631) 880-7929

<http://www.siloinc.org/>

The program is for people that have a traumatic brain injury and is designed to be a cost effective alternative to nursing home placement and allow the participants to live in the least restrictive setting possible.

Head Injury Rehabilitation Program (United Cerebral Palsy)

380 Washington Avenue
Roosevelt, NY 11575
516-378-2000
www.ucpn.org

United Cerebral Palsy Association of Nassau County, Inc. (UCPN) is a local affiliate of United Cerebral Palsy (UCP). It's a not-for-profit health agency serving over 1800 children and adults with cerebral palsy, developmental and other disabilities.

Long Island Head Injury Association

300 Kennedy Drive
Hauppauge, NY 11788
Telephone: 631-543-2245
<http://www.lihia.org/>

The Head Injury Association is a not-for-profit organization committed to increasing public awareness of TBI and its consequences. HIA offers innovative and effective solutions to many of the problems head injured survivors and their families are faced with.

TBI Medical Waiver Program at SILO

3680 Route 112, Suite 4,
Coram, NY 117
631-320-1662
www.siloinc.org/rrdc/tbiw.php

The program is for people that have a traumatic brain injury and is designed to be a cost effective alternative to nursing home placement and allow the participants to live in the least restrictive setting possible.

ST. Mary's Healthcare System for Children

29-01 216th Street
Bayside, NY 11360

Integrated Services and Innovative treatment strategies for children with brain injuries. Services include: rehabilitation, therapies, cognitive remediation, neuropsychology, behavior management, pain management, feeding therapy and complimentary care.

Traumatic Brain Injury

Glen Cove Hospital

101 St. Andrews Lane

Glen Cove, NY 11542

Phone: (516) 674-7300

Emergency: (516) 674-7325

<http://www.northshorelij.com/hospitals/location/glen-cove-hospital>

Southside Hospital

301 East Main Street

Bay Shore, NY 11706

631-968-3000

Emergency : 631-968-3314

Transitions of Long Island

1554 Northern Blvd. 3rd floor

Manhasset, NY 11030

516-719-3700

Provides comprehensive neuro-rehabilitation program for persons with acquired neurological injuries including: traumatic brain injury, stroke, brain tumor, anoxia, encephalitis, mild head injury and brain diseases. Operates in-patient and out -patient programs, patient/family support groups and educational programs.

Head Injury Association

300 Kennedy Drive

Hauppauge, NY 11788

631- 543-2245

<http://www.northshorelij.com/hospitals/home>

TRAUMATIC BRAIN INJURY CONSULTATION SERVICES

Rosemary Kennedy Center

2850 North Jerusalem Road

Wantagh, NY 11793

516-396-2932

Services are provided by a multidisciplinary team for a student who has experienced a traumatic brain injury. The services are provided before the student returns to school, during his/her reentry period and/or after he/she returns to school. Reentry services include assistance for district personnel in preparing for a student's returning following a TBI.

SUPPORT GROUPS

St. Charles Hospital- Boardroom 1

Brain Injury Support Group
Every 4th Wednesday of the month
6:30-8:00 p.m.
631-474-6952

Brain Injury Support Group/Comma Recovery Association

Meets the second Wednesday of every month at 7pm-9pm
Southside Hospital
301 East Main Street
Bay Shore, New York 11706
631-968-3741

Caregiver Support Group

Southside Hospital
09/04, 10/02, 11/6 and 12/4
6:30-8:30 pm
301 East Main Street
Bay Shore, New York 11706
631-807-6819
info@brainandbodyalternatives.org

Brain Injury Support Group

First Wednesday of each month from 6:30 pm-8pm
1554 Northern Blvd (3rd floor café)
Manhasset, NY 11030
516-719-3740

LIFE AFTER A STROKE

St. Catherine of Siena Nursing & Rehabilitation Care Center
Meets on Wednesday (call for dates)
1:00 pm – 2:00 pm
(631) 862-3510

Head Injury Association

Provides a support group for survivors of head injury and their families.
2201 Hempstead Turnpike
East Meadow, NY 11554
631-543-2245 ext. 268
www.headinjuryassoc.org

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