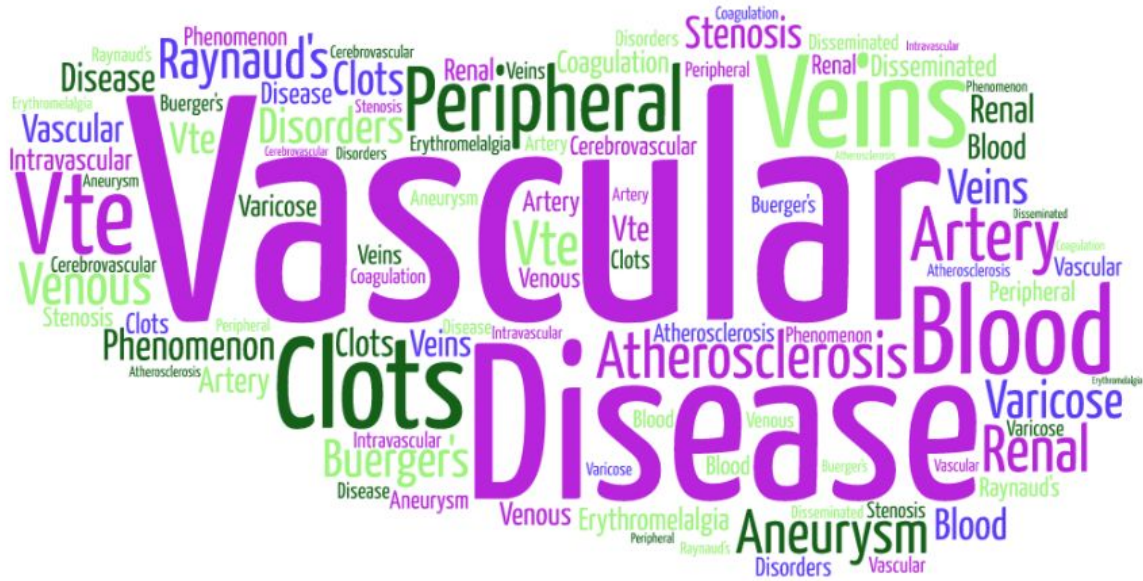




Vascular Disease

VOLUME 26

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Vascular Disease

TABLE OF CONTENTS

SECTION	PAGE
Introduction.....	i
Books- 2017.....	1
Books- 2016.....	2
Audiobooks.....	4
Periodicals- 2017.....	7
Newspaper Articles- 2017 & 2016.....	9
DVDs.....	11
Videos on Websites.....	12
Support Groups.....	12
Treatment Centers.....	14
Associations.....	24
Social Media.....	27

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Vascular Disease

INTRODUCTION

This bibliography on Vascular Disease, compiled by the Health Concerns Committee of the Reference and Adult Services Division of the Suffolk County Library Association, is designed to act as a reference tool and a collection development guide. It presents an annotated, selective list of items in this subject area suitable for purchase by public and academic libraries. The print materials have publication dates from 2017 and 2016. All titles were selected by the committee. An attempt was made to cover all types of materials.

The Health Concerns Committee was formed in January 1989. Its purpose is to explore and exchange information about health-related resources on topics of interest to public, school, academic, and special library patrons. Its objectives are to produce an annual bibliography and arrange an annual program as part of the RASD workshops. All librarians in Suffolk County are encouraged to join the committee.

Salvatore J. Filosa
Health Concerns Committee Chairperson
Reference and Adult Services Division of SCLA



BOOKS- 2017

Chi-Ming, Hai. *Vascular Smooth Muscle: Structure and Function in Health and Disease*. Singapore; World Scientific, 2017.

Dysfunction of vascular smooth muscle cells is an important cause of vascular diseases, for example, atherosclerosis, hypertension, and circulatory shock. This book tends to be more for the science student or clinical specialist. There are lists of references at the end of each chapter which can be useful for additional information.

Hudgins, Brian & Fries, John. *Going the Distance: The Journey of a Vasculitis Patient on the Road to Olympic Glory*. CreateSpace Independent Publishing Platform, 2017.

Brandon Hudgins is a professional distance runner who has fought a rare Vasculitis disorder since the age of 20. In 2016 Brandon qualified for the Olympic Track and Field Trials at 1500m. He has learned many lessons over the last 10 years of his life battling a rare Vasculitis disorder and also suffered from bouts of depression and panic attacks. In this book he shares some of his experiences as an athlete, a patient, and a chaser of life! His lessons in *Going the Distance* can help you empower yourself to embrace your talents and go the distance in your own life.

Navarro, Tulio. *Vascular diseases for the non-specialist: An evidence-based guide*. Cham; Springer, 2017.

This book aims to provide non-specialist healthcare practitioners with current, focused and objective information on the most common vascular diseases encountered in daily clinical practice. In day-to-day clinical practice many healthcare practitioners do not have a working knowledge of the most common vascular diseases that frequently arise in patient care. Some of these topics include: aneurysms, peripheral arterial disease, diabetic foot, venous thromboembolism, cerebrovascular disease, aortic dissection, and acute limb ischemia. These commonly encountered vascular diseases are becoming public health issues due to their high morbidity and mortality as well as increasing healthcare costs. Since patients with vascular diseases are often referred to non-specialists, the general practitioner must know how to properly handle the most common vascular diseases encountered in daily clinical practice. For each disease the concept, epidemiology, natural history, diagnosis and treatment are described, followed by essential advice on what the non-specialist can do for the patient and when to refer the patient to a specialist.

Skelly, Christopher L. *Difficult decisions in vascular surgery: An evidence-based approach*. Cham; Springer, 2017.

This book looks at specific vascular surgery questions that have arisen and where careful



Vascular Disease

analysis is given according to the level of supporting evidence available. As new technology is introduced to treat the cardiovascular system, alternative therapies begin to challenge and also complement traditional vascular surgery. All chapters contain the PICO table to summarize specific characteristics relative to the questions posed in each chapter.

BOOKS- 2016

Agronin, Marc E. *The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders*. New York: Rowman & Littlefield, 2016. 287 p. 9781442231917. \$36.00.

This is a guide to caregiving for the patient with Alzheimer's Disease or other neurocognitive disorders. It provides information on patient care, communicating with medical professionals, and finding further resources. There is a chapter on Vascular Dementia (VaD), a neurocognitive disorder caused by damage to the brain from strokes resulting from blood clots or burst blood vessels. Presented are the symptoms of VaD, evaluation, and treatment. The book includes a compilation of organizations, websites, and books relevant to all neurocognitive disorders. A bibliography and index also are available. Written for a general audience.

Alzheimer Disease Sourcebook: Basic Consumer Health Information about Alzheimer Disease and other Forms of Dementia. Sixth Edition. Detroit, MI: Omnigraphics, Inc., 2016. 552 p. 9780780814707. \$95.00.

Written for the general reader, this guide presents current information on the diseases of dementia including its causes, symptoms and stages. Also described: the brain's anatomy throughout dementia's stages and ongoing clinical trials and research. A chapter on vascular dementia provides information on three types: cerebral autosomal dominant arteriopathy with subcortical infarcts and leukoencephalopathy (CADASIL), multi-infarct dementia, and subcortical vascular dementia (Binswanger Disease). A glossary of related terms, a directory of resources, and index are included at the end of the book.

Blood and Circulatory Disorders Sourcebook: Basic Consumer Health Information about Blood and Circulatory System Disorders. Fourth Edition. Detroit, MI: Omnigraphics, Inc., 2016. 644 p. 9780780814769. \$95.00.

This is a handbook written for the patient, his/her family, and caregivers. It includes up-to-date information and research. Part five of the book deals with circulatory disorders, which includes aneurysm, arteritis, atherosclerosis, carotid artery disease,



Vascular Disease

coronary artery disease, peripheral vascular disease, renal artery stenosis, stroke, vasculitis, and more. A description of each disorder includes cause, symptoms, diagnosis, and treatment. A glossary of terms, directory of resources, and index are included at the end of the book.

Cardiovascular Disorders Sourcebook: Basic Consumer Health Information about Heart and Blood Vessel Disorders. Sixth Edition. Detroit, MI: Omnigraphics, Inc., 2016. 778 p. 9780780815261. \$95.00.

Written for a general audience, this guide defines and illustrates the various cardiovascular disorders experienced by men, women, and children, and various ethnic groups; providing current information and research. A section on blood vessel disorders includes atherosclerosis, carotid artery disease, stroke, aortic disorders, peripheral artery disorders, peripheral venous disorders, and vasculitis. A glossary of terms, directory of resources, and index are included at the end of the book.

Keogh, Jim. *Cardiovascular Nursing Demystified: Hard Stuff Made Easy.* New York: McGraw-Hill Education, 2016. 432 p. 9780071849180. \$30.00.

This book is designed for the nursing student and for the professional nurse transferring to cardiovascular patient care. Within its contents is information on the anatomy and physiology of the vascular system and a chapter on vascular disorders which are defined as “a disruption of blood flow through the blood vessels, which prevents adequate blood from reaching tissues and organs.” Included here is information on transient ischemic attacks (TIAs), aortic aneurysms, angina pectoris, coronary artery disease (CAD), hypertension, hypovolemic shock, myocardial infarction, peripheral arterial disease, Raynaud Disease, and thrombophlebitis. The book is indexed.

Mansour, M. Ashraf. *Atlas of Vascular and Endovascular Surgical Techniques.* New Delhi; Jaypee, 2016.

A highly illustrated guide to vascular surgery from an author team of US- based experts. The book is divided into six sections, containing surgical techniques for different parts of the vascular system; cerebrovascular, thoracic aorta, abdominal aorta, visceral, peripheral vascular, and venous. Important topics include aortic arch and four vessel cerebral angiography and stents.

Stockman, David. *Diagnostic Pathology: Vascular.* Philadelphia; Elsevier, 2016.

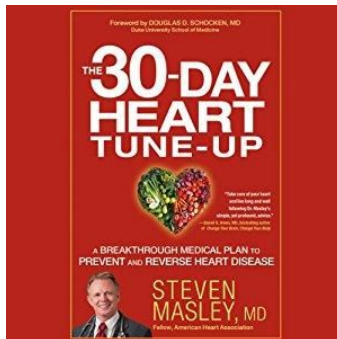
The book includes a wealth of clinical photographs: radiologic, gross pathologic, and histologic images of all the common and rare vascular entities with illustrations of the most common diagnostic pitfalls for these entities. This is the essential desktop reference



for any practicing dermatopathologist, surgical pathologist, or pediatric pathologist that sees vascular lesions.

AUDIOBOOKS

The 30-Day Heart Tune-Up: A Breakthrough Medical Plan to Prevent and Reverse Heart Disease



Unabridged Audiobook

Cost \$14.99
Author Steven Masley
Narrator Allan Robertson
Length 9 hrs and 8 mins
Release Date 02-04-14
Publisher Hachette Audio

The revolutionary new program presented in this book helps everyone have a healthy heart. In *The 30-Day Heart Tune-Up* Dr. Masley will first help you to determine your heart health. He will then take you step-by-step through a program to tune up your heart, energy, waistline, and sex life. Cardiovascular disease is the #1 killer of Americans today, and while most doctors focus on lowering cholesterol and blood pressure they are overlooking the real culprit: growth of arterial plaque.

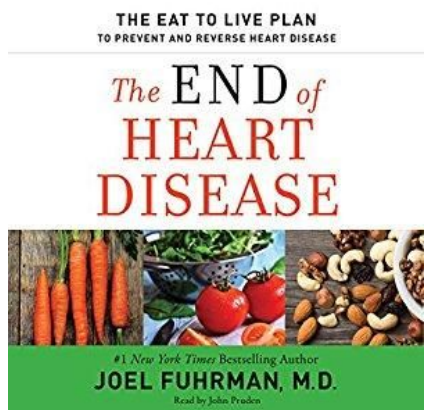
Cholesterol-reducing statins treat some signs of heart disease, but not the most common cause of arterial plaque growth. Studies now show that the dramatic increase in pre diabetes, obesity, and the overuse of sugar and trans fat cause most heart disease. Dr. Masley explains the new state-of-the art tests available that can show arterial plaque growth at a much earlier stage-and what steps you can take to actually stop and reverse the growth.

The good news is that everyone - regardless of size, genetics, gender, or age - can treat arterial plaque and prevent heart attacks and strokes with *The 30-Day Heart Tune-Up*. The keys to the program are shrinking arterial plaque, improving circulation, and strengthening your heartbeat using these tools.



https://www.audible.com/pd/Science-Technology/The-30-Day-Heart-Tune-Up-Audiobook/B00HQMWMSS?source_code=GPAGBSH0508140001&mkwid=soqpHH2nm_dc&pcrid=7601924

The End of Heart Disease: The Eat to Live Plan to Prevent and Reverse Heart Disease



Unabridged Audiobook

Cost \$30.79

Author Joel Fuhrman

Narrator John Pruden

Length 9 hrs and 45 mins

Release Date 04-05-16

Publisher HarperAudio

Synopsis: The New York Times bestselling author of Eat to Live, Super Immunity, The End of Diabetes, and The End of Dieting presents a scientifically proven, practical program to prevent and reverse heart disease, the leading cause of death in America—coinciding with the author’s new medical study revealing headline-making findings.

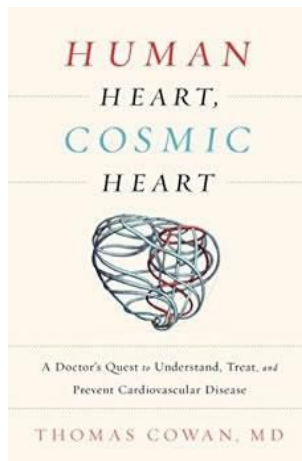
Dr. Joel Fuhrman, one of the country’s leading experts on preventative medicine, offers his science-backed nutritional plan that addresses the leading cause of death in America: heart disease. An expert in the science of food, Dr. Fuhrman speaks directly to readers who want to take control of their health and avoid taking medication or undergoing complicated, expensive surgery, the two standard treatments prescribed today.

Following the model of his previous programs that have successfully tackled conditions from diabetes to dieting, Dr. Fuhrman’s plan begins with the food we eat. He focuses on a high nutrient per calorie ratio, with a range of options for different needs and conditions. He shows us what to remove and what to add to our diets for optimum heart health, provides menu plans and recipes for heart-healthy meals and snacks, and includes helpful questions for doctors and patients. By understanding heart disease and its triggers, Dr. Fuhrman gives us the knowledge to counter-attack this widespread epidemic and lead longer, healthier lives.



<https://www.audible.com/pd/Science-Technology/The-End-of-Heart-Disease-Audiobook/B01AX3W862>

Human Heart, Cosmic Heart: A Doctor's Quest to Understand, Treat, and Prevent Cardiovascular Disease



Unabridged Audiobook

Cost \$20.39
Author Dr. Thomas Cowan
Narrator David Drummond
Length 4 hr and 19 mins
Format Digital Audiobook
Release Date 10/28/2016
Publisher Dreamscape Media

Synopsis: While serving with the Peace Corps in Swaziland, Thomas Cowan encountered the work of Rudolf Steiner and Weston A. Price - two men whose ideas would fascinate and challenge him for decades to come. Both drawn to the art of healing and repelled by the way medicine was-and continues to be-practiced in the United States, Cowan returned from Swaziland, went to medical school, and established a practice. He remained intrigued by the work of Price and Steiner and, in particular, with Steiner's provocative claim that the heart is not a pump. Dr. Cowan believes that Steiner was correct that the heart is not a pump, and our understanding of heart disease is completely wrong. And this gross misunderstanding is the reason heart disease remains the most common cause of death worldwide.

https://www.audiobooksnow.com/audiobooks/human-heart-cosmic-heart/1518084/?gclid=EAIaI QobChMIp9H1ueqE1gIVCc0bCh1ZlgFcEAYYCCABEgJvC_D_BwE



PERIODICALS- 2017

Branchford, Brian. "Venous Thromboembolism Risk with Antidepressants: Driven by Disease or Drugs?" *Journal of the American Heart Association*. (May 17, 2017) p 1-3

Women who have reported taking antidepressants had a 40% higher risk of developing VTE(deep vein thrombosis) than women in the no treatment/no drug group, regardless of which type of antidepressant or other psychotropic drug was used, as reported in a study from the UK(Million Woman Study). It is important for doctors to screen women to determine which drugs are the best to take in light of the increased VTE study. Under consideration should be age of patient, family history of VTE. More studies of the thrombotic and hemorrhagic potential of these drugs in various patient populations care needed before specific recommendations can be confidently expressed.

Fanikos, John, RPh. "Renal Function Considerations for Stroke Prevention in Atrial Fibrillation". *American Journal of Medicine*. (September, 2017) p 1015-1022

Patients with renal impairment are at increased risk for thromboembolic and bleeding events, a risk that increases over time. Direct oral anticoagulants were at least as effective and associated with less bleeding than usual based medications such as warfarin.

"High Blood Pressure Harms Body and Mind" *Focus on Healthy Aging*. (October 2017) p4-6

The risks for developing high blood pressure increases as we age with women more vulnerable after menopause. However, lifestyle approaches and medications can help you manage the condition. Obesity and a sedentary lifestyle can raise the heart-rate, and the harder the heart has to work with each contraction, the stronger the force on the arteries. Research has also associated high blood pressure with cognitive decline. Compromised blood flow to the brain reduces oxygen supply and damages the white matter that can make you more susceptible for a stroke, Alzheimer's disease and vascular dementia. Controlling high blood pressure means making changes such as getting more exercise, eating a healthy diet and in some cases, going on a medication regime that can include diuretics and other drugs to eliminate fluids and sodium, thus reducing the blood volume.

Kibbe, Melina R., McDermott, Mary McGrae. "Improving Lower Extremity Functioning in Peripheral Artery Disease". *JAMA* 317:7(Feb 21, 2017) p689-690

In four randomized clinical trials, it was found that endovascular re-



Vascular Disease

vascularization combined with exercise achieved greater improvement in vascular function than exercise or surgical procedures (including angioplasty and stenting) alone. Supervised treadmill exercise, in which participants attend treadmill sessions 3 times weekly for at least 30 minutes under the direct supervision of a health care professional, substantially improves PAD related walking disability in most patients. Yet because Medicare and other insurance companies do not pay for supervised treadmill sessions, many patients are not entering such programs.

Since there are only 2 US Food and Drug approved medications available for walking related disability in patients with PAD, it is also recommended that more effective drugs are needed to be used in combination with the supervised walking programs.

Lai, Brajesh K; Dux, Moira. "Asymptomatic Carotid Stenosis is Associated with Cognitive Impairment." *Journal of Vascular Surgery*. (October 2017) p 1083-1092

Cognitive impairment is an under recognized morbidity in patients with otherwise asymptomatic carotid artery stenosis. It is likely the result of impaired blood flow from reduced cerebral perfusion rather than of micro embolic ischemic injury. Additional studies are needed as to whether stenting or endarterectomy can reverse impairment by improving cerebrovascular blood flow and whether stenosis is a modifiable risk factor for cognitive impairment. Further studies can improve the selection of patients requiring carotid artery revascularization with an aim to reduce unnecessary procedures.

"The New State of Statins". *Harvard Men's Health Watch*. (April 2017) p 1-2

Although the widespread use of statins has been found to be beneficial in individuals who have never had a heart attack or stroke, it is wise to consider side effects that can arise. Studies suggest that about 5% to 20% of people using statins experience muscle pain or fatigue and often feel weak or less energetic. It can carry over to other areas too; a JAMA April 2014 article found that more than 300 men ages 65 and older who took statins averaged about 40 minutes less physical activity per week compared with those who did not take a statin. One possible reason is because of the increased muscle pain. There are also studies saying that statins may increase the risk of cancer or diabetes. Lifestyle modifications and diet can be more beneficial in offering long lasting protection against heart attack or stroke and should be considered before or along with any drug therapy.

Piano, Mariann R. "Alcohol's Effects on the Cardiovascular System". *Alcohol Research: Current Reviews*. (Spring 2017) p

Low to moderate daily alcohol consumption is associated with a reduced risk



Vascular Disease

of CV disease and mortality, whereas greater amounts of alcohol consumption and a binge pattern of drinking have been linked to an increased risk. Susceptibility factors, such as gender, race/ethnicity, genetics, and socioeconomic factors, may influence alcohol's positive and adverse health effects. More research must be done to better understand the effects of alcohol consumption on the CV systems of older populations.

Schahab, Nadjib; Sudan, Satrah. "Sleep Apnea is Common in Severe Peripheral Arterial Disease". *PLOS ONE* (July 31, 2017) p 1-14

Atherosclerotic conditions have been demonstrated to be associated with sleep disordered breathing (SDB). Peripheral arterial disease PAD represents severe atherosclerosis with a high mortality. This article references a study which has shown that there is a direct correlation between sleep apnea and various stages of PAD. Currently the long term results regarding the vasoprotective impact of CPAP treatment of PAD course remains to be determined.

NEWSPAPER ARTICLES- 2017 & 2016

Boodman, E. (2017, Mar 21): C.4. GAME CHANGER. *Boston Globe*.

The Centers for Medicare and Medicaid Services, (CMS) is proposing supervised exercise therapy as a simpler, cheaper treatment for peripheral artery disease, (PAD). The CMS proposal was triggered by an official request from the American Heart Association. Insurance companies will pay for invasive surgical treatments but not exercise therapy to treat PAD. If CMS decides to cover something, private insurers generally follow suit.

Brody, J. E. (2016, Apr 12): D.5. An undertreated cause of leg pain. *New York Times*.

Do you get pain when you walk?" A simple noninvasive test that can be done in any doctor's office, called the ankle-brachial index, or ABI, test, can reveal the likelihood of P.A.D. The test, which takes only a few minutes, compares blood pressure measured at the ankle with blood pressure measured in the arm. Lower pressure in the leg is an indication of P.A.D. The index is calculated by dividing the systolic (top number) blood pressure in the arteries near the ankles by the systolic blood pressure in the arms.

Brody, J. E. (2017, Apr 18): D.7. The cost of not taking your medicine. *New York Times*.

J.E. Brody discusses the risks many people take by not take prescription medicine as prescribed for a variety of reasons. This occurs more often when patients don't see a



significant change when they stop taking medication, but the effects could be severe with lasting damage.

Carter, A. (2017, Aug 20): p. 2. PVD results in diminished functioning of limbs. *Bismarck Tribune*.

This article discusses the cause and effect of peripheral vascular disease, PVD. It also offers preventative measures.

Dance, A. (2017, May 18): p.u.2. Healthy living: when memory flickers out; a variety of events do brain cells harm, leading to dementia. The most common form, Alzheimer's disease, remains poorly understood despite decades of intensive study. *Los Angeles Times*.

This article discusses the risk factors associated with cerebrovascular disease and how maintaining a healthy weight, blood sugar level and blood pressure can help reduce the chances of dementia later in life.

Hansen, J. (2017, Oct 05). A need for bananas? Dietary potassium regulates calcification of arteries. *University Wire* Retrieved from

<https://search.proquest.com/docview/1947135365?accountid=35174>

Bananas and avocados — foods that are rich in potassium — may help protect against pathogenic vascular calcification, also known as hardening of the arteries. Researchers have shown that reduced dietary potassium promotes elevated aortic stiffness in a mouse model, as compared with normal-potassium-fed mice. Such arterial stiffness in humans is predictive of heart disease and death from heart disease, and it represents an important health problem for the nation as a whole.

Kolata, G. (2016, Jul 10): p. SR.7. A medical mystery: Diseases in decline. *New York Times*.

Major diseases, like colon cancer, dementia and heart disease, are waning in wealthy countries, and improved diagnosis and treatment cannot fully explain it. Mini-strokes result from vascular disease and can cause dementia, and cardiovascular risk factors are also risk factors for Alzheimer's disease.

Molina, B. (2017, Oct 09). Bananas, avocados might prevent heart disease, says study. *USA Today (Online)* Retrieved from

<https://search.proquest.com/docview/1948843964?accountid=35174>

This study finds a diet rich in potassium can regulate hardening of arteries, thereby reducing the chance of vascular disease.

Reddy, S. (2016, Jan 26): p. D.1. Your health: Researchers seek clues to heart disease in new groups. *Wall Street Journal*.



The study found that despite having on average a relatively low body weight and high socioeconomic status, South Asians had more risk factors for cardiovascular disease, including Type 2 diabetes and high blood pressure, than other ethnic groups.

Searing, L. (2017, Apr 18): p. E.5. Obesity in midlife may foreshadow Alzheimer's. *The Washington Post*.

This article discusses the results of a study published in the April 11th, 2017 issue of JAMA, The Journal of the American Medical Association. The study measured the risk factors for Alzheimer's disease in a group of 346 people over a 25 year period. The JAMA article can be found here: <https://jamanetwork.com/journals/jama/fullarticle/2616396>

DVDS

“Heart Disease Treatment” Set of 2 DVDs

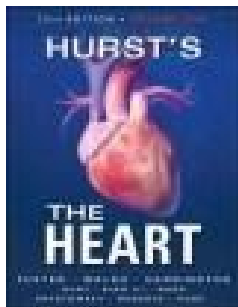
Treatment takes the viewer from pre-hospital care to the emergency room, cardiac catheterization lab, and to the open heart surgery suite.

Volume 1 – 88 minutes

Volume 2 – 89 minutes

<https://apogeevideo.com/shop/heart-disease-treatment-set-2-dvds/>

Hurst's the heart



Editors Valentin Fuster, Richard A. Walsh, Robert A. Harrington ; associate editors, Sharon A. Hunt ... [et al.]
Edition 13th ed.
Imprint New York : McGraw-Hill Medical, c2011.
Description 2 v. (xxix, 2444, I-80 p.) : ill. (some col.) ; 29 cm. + 1 videodisc (4 3/4 in.)



VIDEOS ON WEBSITES

<http://www.milner-fenwick.com/health-education-videos/video-library>

<http://www.milner-fenwick.com/health-education-videos/cardiology/understanding-vascular-disease>

SUPPORT GROUPS

Local groups/contacts

John T. Mather Memorial Hospital

75 North Country Road
Port Jefferson, NY

<http://www.matherhospital.org/support-groups.php>

- **Lymphedema Support Group**
(631) 686-7648 (contact Jomar Dimanlig)

For those who have been diagnosed with or are at high risk for lymphedema. Learn and share information about lymphedema and its management. Family members and caregivers welcome. Registration required. Dates vary.

- **Stroke Support Group**
(631) 686-7660 (contact Joanne Lauten, RN)

For those who have had a stroke/TIA. Family and friends welcome. Group meets the first Thursday of every month from 6:00-7:00 pm in Conference Room 2. Registration not required.

Thoracic Outlet Syndrome Society

1786 North Pheasant Street
Anaheim, CA 92806

(866) 907-0710

(877) 828-9622

(714) 524-7862

URL: (<http://tosociety.org/index.html>)



The Thoracic Outlet Syndrome Society's aim is to educate with the ultimate up to date information on physicians, specialists, publications, links, forums, testimonials and referrals to other valuable sites. Please contact TOSS for volunteer opportunities, meetings, events and support groups in your community.

Vasculitis Foundation

PO Box 28660

Kansas City, MO 64188

(816) 436-8211 / (800) 277-9474

URL: (www.vasculitisfoundation.org)

The Vasculitis Foundation supports and empowers community through education, awareness, and research. To find a chapter, group or area contact, complete the online form at:

<http://www.vasculitisfoundation.org/support/find-a-chapter>. (Chapters and support groups hold meetings; area contacts do not hold meetings but welcome questions.)

Online support groups & communities

Facebook Groups:

- **Blood Clot Recovery Network Closed (Private) Discussion Group**
Join at: <https://www.facebook.com/groups/BloodClotRecoveryNetwork/>
This group is an extension of the BCRN blog and Facebook Page.
- **Pulmonary Embolism Awareness**
Join at: <https://www.facebook.com/groups/Pembolism/>
This is an open/public group created to make people aware of the risks factors and symptoms of pulmonary embolism and blood clots. It is a support system for those who have a similar diagnosis.
- **Surviving a Silent Killer (DVT and PE's)**
Join at: <https://www.facebook.com/groups/614317415259723/>
SASK was created by Lisa Wells, who wanted to create a group to keep in touch with others on this devastating illness, and to learn and gain more knowledge about this silent killer that almost claimed her life.

Inspire

3101 Wilson Blvd., Ste. 220

Arlington, VA 22201

(800) 945-0381



team@inspire.com

URL: (<https://www.inspire.com>)

Inspire is a leading social network for health that connects patients and caregivers in a safe permission-based manner. Members...are resources for each other sharing health information and support without regard to location, background or status. Together they reduce the feelings of isolation experienced by those with chronic conditions, cancer, and rare diseases. A search for Vascular Disease, for example, will find 20 communities and 50 conditions, with over 5,500 results.

The North American Thrombosis Forum (NATF)

368 Boylston Street
Brookline, MA 02445

URL: (<https://natfonline.org>)

NATF offers Boston and Chicago-based in-person support groups, as well as an online support group. To register, please fill out the online contact form

at: <https://natfonline.org/patients/support-groups>

NATF's Online Support Group offers patients the opportunity to share common concerns, offer support to one another, and learn up-to-date and accurate information on research in the field of VTE. Each month is hosted by a different doctor, who presents on important new information for patients with blood clots.

TREATMENT CENTERS

Advanced Vascular Surgery

30 Merrick Ave., Ste. 109
East Meadow, NY 11554
Staff: Viktor B. Smirnov, MD
(516) 794-0444

URL: (<https://www.healthgrades.com/physician/dr-viktor-smirnov-xt6f3>)

From Healthgrades.com: The providers at Advanced Vascular Surgery specialize in a wide range of procedures, including: aortic repair, arteriovenous shunt creation, carotid endarterectomy and carotid ultrasound, embolectomy, thrombectomy, non-coronary angioplasty, atherectomy, and stenting, thromboendarterectomy, varicose vein procedures, vascular surgical procedures, and more.

American Access Care of Suffolk County - Azura Vascular Care

32 Central Avenue



Hauppauge, NY 11788

Staff: Russ Saypoff, MD, Interventional Radiologist, Medical Director

(631) 582-9729

URL: (<https://www.azuravascularcare.com/center/american-access-care-of-suffolk-county>)

From website: Azura Vascular Care has outpatient vascular centers and ambulatory surgery centers across the nation. They specialize in minimally invasive techniques to treat and manage a wide range of vascular conditions, including: dialysis access management, peripheral arterial disease, uterine fibroids, varicose veins, varicoceles and far more.

Brookhaven Memorial Hospital Medical Center, Surgical Services

101 Hospital Road

Patchogue, NY 11772

(631) 654-7100

URL: (<http://www.brookhavenhospital.org/services.cfm/surgery-and-perioperative/surgical-services>)

From website: Brookhaven Memorial Hospital Medical Center treats peripheral vascular disease (PVD) and other vascular conditions such as carotid stenosis and abdominal aortic aneurysm.

Cardio-Thoracic & Vascular Surgery

475 E Main Street, Ste. 111

Patchogue, NY 11772

Staff: Dr. Surya Kumar

(631) 207-2078

Catholic Health Services of Long Island

992 North Village Avenue

245 Old Country Road

Rockville Centre, NY 11570

Melville, NY 11747

(631) 465-6000

URL: (<http://www.chsli.org>)

From website: CHS, the largest faith-based health care system on Long Island... includes six hospitals, three skilled nursing facilities, a regional home nursing service, hospice and a multiservice, community-based agency for persons with special needs. Under the sponsorship of the Diocese of Rockville Centre, CHS serves hundreds of thousands of Long Islanders each year, providing care that extends from the beginning of life to helping people live their final years in comfort, grace and dignity.

● **Catholic Health Services of Long Island: Good Samaritan Hospital Medical Center**

Main address: 1000 Montauk Highway, West Islip, NY 11795

*Vascular surgeons/specialists at various locations



Vascular Disease

* Physician and the Health Referral Line: (631) 376-4444

From website: The Vascular Surgery Department at Good Samaritan Hospital is dedicated to the comprehensive treatment of vascular disease. The vascular team is composed of board certified vascular surgeons, endovascular specialists, interventional radiologists, registered nurses and physician assistants. Good Samaritan's vascular suite is equipped with extensive, computerized fluoroscopic equipment necessary to image vascular structures within the human body; the facility is also operating room compatible, making it the optimum environment for performing advanced procedures.

● **Catholic Health Services of Long Island: St. Catherine of Siena Medical Center**

Main address: 50 Route 25A, Smithtown, NY 11787

* **Endovascular Surgery Program & Vascular Lab:** Various locations

* **Physician Referral Line: (631) 870-3444**

From website: St. Catherine of Siena Medical Center offers minimally invasive endovascular and operative procedures for the treatment of the aorta, carotids and vessels of extremities. Board certified vascular and endovascular surgeons provide innovative techniques for the treatment of problems affecting blood vessels, such as aneurysms (swelling of the blood vessel).

● **Catholic Health Services of Long Island: St. Charles Hospital**

Main address: 200 Belle Terre Rd, Port Jefferson, NY 11777

*For more information about surgery at St. Charles Hospital, please call (631) 474-6797.

From website: St. Charles Hospital provides an array of surgical procedures, all performed by experienced and compassionate physicians and staff.

Columbia Doctors: Vascular Medicine

***Various locations in NYC and the metro area (**NOT** including Long Island)

(877) 426-5637

URL: (<https://www.columbiadoctors.org/heart-vascular>)

From website: The physicians at Columbia diagnose and treat the full range of non-cardiac vascular disorders, those conditions that involve the arteries and veins outside of the heart. They have extensive experience in performing the newest procedures including stents and angioplasty for carotid artery disease, aortic aneurysms, and blockages in arteries throughout the body. Columbia leads all other hospitals in fostering space-age technology; they have installed five new 3D imaging systems to enhance the accurate diagnosis for surgical management of patients.



Eastern Long Island General & Vascular Surgery, P.C.

335 Meeting House Lane
Southampton, NY 11968
Staff: Dr. Richard J. Ricca
(631) 287-6570

URL: (<http://www.richardriccamd.com>)

From website: Dr. Richard J. Ricca is Board Certified in General Surgery and is a Fellow of the American College of Surgeons. He offers diagnosis and treatment of a wide variety of vascular conditions including carotid disease, claudication and leg ulcers, ischemia and rest pain.

Treatments include vein patches, endarterectomies, bypass surgeries, aneurysm repairs, and referrals for balloon angioplasty. He also offers renal dialysis access surgery, varicose vein treatments and surgery, insertion of pacemakers with cardiologists, and ultrasound guided PIC line placement.

Eli Anker, MD, PC & Associates – Vascular & Endovascular Surgery

754 Montauk Highway
West Islip, NY 11795
Staff: Eli Anker M.D., Michael H. Chu, D.O., Doreen Delaney, PA-C
(631) 422-0909

URL: (<http://www.eliankermd.com>)

From website: Eli Anker, MD, PC & Associates treats patients with peripheral artery disease (PAD), leg wounds/ulcers, varicose veins, spider veins, thrombophlebitis, deep venous thrombosis (DVT), aneurysm, etc. Each member of the team is highly trained and qualified in vascular and endovascular surgery. Their experience in patient care helps them anticipate a patient's physical and emotional needs, enabling them to [offer] support throughout every step of treatment.

Great South Bay Surgical Associates & Vascular Lab

580 Union Blvd.
West Islip, NY 11795
Staff: Dr. John Francfort, Dr. John Simon, Dr. Michael Sacca, Dr Edward Timmins, Dr. Garri Pasklinsky, Dr. Sophia Fu, Dr. John W. Hsu, Dr. Nathan J. Thomas, D.O.
(631) 321-6801

URL: (<http://www.greatsouthbaysurgical.com/vascular-surgery.html>)

From website: Established in 1909 by its founding partner, Dr. Charles Murphy, Great South Bay Surgical Associates has served the community with a tradition of caring and quality...The group now provides world class state-of-the-art care in general surgery, colon and rectal surgery, surgical oncology, and vascular surgery, with both open and minimally invasive techniques.



The surgeons specialize in a variety of vascular procedures including: vein surgery, laser varicose vein surgery, sclerotherapy injection treatments, IVC (inferior vein cava) filter replacement, venous thrombolysis, endovascular arterial surgery for PAD/Peripheral Artery Disease, and more.

Island Surgical and Vascular Group: Vein Center of Long Island

15 Park Avenue

Bay Shore, NY 11706

Staff: Alexander Melman M.D., F.A.C.S.; Charles LaRosa, M.D., F.A.C.S.; Manal Hegazy M.D., F.A.C.S.; Frederick Achildiev, M.D.; Bradley Cohen, M.D., F.A.C.S.; Sang Jho M.D.; Jason Schneider, M.D., F.A.C.S.

(631) 581-4400

URL: (<http://www.islandsurgicalandvascular.com>)

From website: Dr. Melman is a board-certified general surgeon who specializes in vascular surgery (particularly small vessel bypasses), carotid and aortic surgery, hemodialysis access, as well as varicose vein surgery. He performs a variety of general surgical procedures, including open and laparoscopic procedures for gallbladder disease, hernias, diverticulitis and colon cancer... He is the Assistant Director of Surgery at Good Samaritan Hospital in West Islip and has been a member of the Medical Board at Good Samaritan Hospital for nine years. He is also on staff at Southside Hospital in Bay Shore and St. Catherine's Medical Center in Smithtown where he is Director of the Wound Care Center.

Dr. Larosa performs a variety of minimally invasive revascularization procedures using angiographic catheter-based therapies. He is the Medical Director of the Island Surgical & Vascular Group's accredited non-invasive vascular laboratory. Dr. LaRosa is the Chief of Vascular Surgery at Good Samaritan Hospital and has developed a program in endovascular repair of abdominal aortic aneurysms.

Island Vein Specialists

320 Montauk Highway

West Islip NY 11795

(631) 960-7893

Staff: Dr. John F. Gallagher

URL: (<http://www.islandveinspecialists.com>)

From website: For over 30 years, Dr. John F. Gallagher has been practicing General and Vascular Surgery including patient care, resident training and clinical research. He is a Board Certified General and Vascular Surgeon, as well as past President of the Eastern Long Island Chapter of the American College of Surgeons. For over 15 years he served as the Director of Surgery at Southside Hospital in Bay Shore...[and] has narrowed down his concentration over the past few years to the treatment of all kinds of venous disease.

190 East Jericho Turnpike

Mineola, NY 11501

(516) 325-1623



Long Island Surgery, P.C.

Brookhaven Medical Arts Building
4 Phyllis Drive, Ste. B
Patchogue, NY 11772
(631) 289-4700

St. Catherine of Siena Medical Building
48 Route 25A, Ste. 104
Smithtown, NY 11787
(631) 265-3000

Staff: Dr. Badri Nath, M.D., F.A.C.S., M.B.A., Medical Director; Dr. Rahman Ilkhani, M.D., F.A.C.S., Vascular and Vein Procedural Specialist; Dr. Thomas F. Gerold, M.D., F.A.C.S., M.B.A., General, Head and Neck Surgeon; etc.

URL: (<http://www.longislandsurgery.org/vascular.html>)

From website: The vascular physicians at Long Island Surgery, P.C. treat diseases and disorders of the vascular system, excluding the heart and brain. They provide treatment of arterial diseases including aneurysms, ischemia, and carotid resections; venous disease including deep vein thrombosis, thrombophlebitis, varicose veins, and venous malformations; lymphatic disease, and other diseases with vascular involvement, including Raynaud's syndrome and scleroderma.

Mark Gennaro, MD

270 Pulaski Road
Greenlawn, NY 11740
Staff: Mark Gennaro, M.D., F.A.C.S.
(631) 385-7258
1-877-787-4680

e-mail: markgennarovasculard@gmail.com

URL: (<http://www.markgennarovasculard.com>)

From website: Dr. Gennaro offers complete vascular health diagnosis and treatment. Services include: diabetic vascular disease treatment, sclerotherapy, carotid endarterectomy, endovascular repair of abdominal aortic aneurysm, varicose vein treatment, peripheral angiogram, etc.

North Shore Vascular Surgery

620 Belle Terre Road, Ste. 2
Port Jefferson, NY 11777
Dr. Ahmad Bhatti, Dr. Norman R. Bennett
(631) 524-5960

URL: (<http://nsvascularsurgery.com>)

From website: At North Shore Vascular Surgery, vascular management is total and comprehensive through both medical and surgical treatment of vascular conditions... [The] accredited endovascular suite provides a state-of-the-art minimally invasive operating room fitted with the latest imaging technology. In-office certified and highly trained staff, as well as anesthesiologists, provides a comfortable high-quality experience with great care. Patients



receive the convenience of in-office treatment for a large variety of vascular issues in the time span of a routine office visit.

Northwell Health

***various locations**

(631) 850-4225

(888) 321-DOCS

URL: (<https://www.northwell.edu/find-care/services-we-offer/vascular-surgery>)

From website: the **Division of Vascular Surgery** at Northwell Health diagnoses and performs procedures to treat conditions affecting the circulatory system, including venous disease, vascular access and diabetic foot conditions. More than 2,000 vascular procedures are performed annually by the nationally recognized vascular surgeons at Long Island Jewish Medical Center and North Shore University Hospital. These vascular procedures include: relieving the effects of blocked blood vessels, treatment of aneurysms of the aorta (and other blood vessels), vascular access procedures (long terms IV treatments and hemodialysis ports), and varicose vein treatment. For all vascular procedures, especially those where vascular surgery is required for correcting problems, staff rely on minimally invasive endovascular techniques to improve both short and long-term recovery.

The **Vein Center** in Lake Success is a specialty treatment center offering vascular procedures for the treatment of varicose and spider veins. Surgeons are board certified in vascular surgery and perform all vein treatments themselves, unlike spas or cosmetic centers where aestheticians are hired to operate lasers and do injection treatments.

- **Southside Hospital - Northwell Health Physician Partners**

Vascular Surgery

250 East Main Street, Floor 1

Bay Shore, NY 11706

Staff: Luis Rafael Davila-Santini, MD; Pablo De los Santos, MD; Leslie Doyle

Cunningham, MD, PhD; Pallavi Buddhadev Manvar-Singh, MD

Phone: (631) 390-7100

URL: (<https://www.northwell.edu/find-care/services-we-offer/vascular-surgery>)

(<https://www.northwell.edu/find-care/find-a-doctor?specialty=vascular-surgery&insurance=&zip=11772&location=&language=&gender=>)

NYC Surgical Associates & Vein Centers

***offices in the Hamptons, NYC, Mineola, and in NJ.**

The Hamptons:

145 W Montauk Hwy

Hampton Bays, NY 11946



Staff: David A. Greuner MD, FACS, FICS; Kerem Bortecen, MD, PhD, MBA, FACS; Arno Rotgans, MD; Christopher Hollingsworth, MD; etc.

(631) 594-5540

(888) 286-6600

URL: (<http://www.nycsurgical.net>)

From website: NYC Surgical Associates provides state of art treatment for arterial and vein diseases. Each patient is assessed individually and offered the best treatment for their particular issue. NYCSA is the only center in the country offering novel techniques pioneered by Dr. Greuner such as the No Knife Endovenous Ablation and Cool Vein treatment. The vascular laboratory specializes in comprehensive, noninvasive testing of the cerebrovascular, peripheral arterial, venous and abdominal visceral systems.

Peconic Surgical Group

31 Main Rd.

Riverhead, NY 11901

Tel. (631) 369-8539

234 Hampton Rd

Southampton, NY 11968

Tel. (631) 287-1433

Staff: Dr. Leslaw Gredysa, M.D., F.A.C.S., President

URL: (<http://www.peconicsurgicalgroup.com>)

From website: Peconic Surgical Group, P.C. is one of the most comprehensive surgical practices in the region — featuring a staff of experienced surgeons that are all board-certified. [They] do not participate with teaching residency programs, therefore all care provided in [their] offices, as well as hospitals including consultations, vascular procedures, operations, pre-operative and post-operative care is provided exclusively by attending surgeons. Peconic Surgical Group's mission is to "provide exceptional, compassionate and personal medical care in a private, professional setting."

Schulman Vein and Laser Center

***locations in Manhattan, Manhasset and Commack

353 Veterans Memorial Hwy #206

Commack, NY 11725

631-543-4599

800 Community Drive #211

Manhasset, N.Y. 11030

516-482-4477

Manhattan Vein

Treatment Center

1165 Park Avenue

New York, NY 10128

212-987-0500

Staff: Dr. Martin L. Schulman, M.D.; Dr. Lee G. Schulman M.D.

URL: (<https://www.schulmanveincenter.com>)

From website: Dr. Martin L. Schulman M.D. and Dr. Lee G. Schulman M.D. are internationally known phlebologists (medical specialists whose practice is limited to diseases and treatment of veins). [Their] offices are among the few in the United States exclusively devoted to vein disease, and they have over 55 years of combined experience in varicose vein and spider vein



treatment. Techniques they introduced and developed have become well recognized and are now used worldwide. Their vein specialty treatments combine cutting edge technology as well as methods that have successfully stood the test of time...Dr. Martin L. Schulman M.D. was among the first certified Vascular Surgeons in America and has focused primarily on vein treatments for decades.

Society for Vascular Surgery

The website for the Society for Vascular Surgery includes a link for patients to find a local vascular specialist: <https://vascular.org/find-specialist>

Stony Brook Vascular Center & the Center for Vein Care

Vascular Center:

23 South Howell Avenue, Suite G
Centereach, NY 11720
(Satellite offices in Suffolk County are located in Smithtown, Huntington, Sayville, Riverhead, Hampton Bays, and Southampton)
631-638-1670

URL:(<https://www.stonybrookmedicine.edu/patientcare/surgery/patient-care/clinical/vascular-surgery/vascular-center>)

Staff: Apostolos K. Tassiopoulos, MD; Mohsen Bannazadeh, MD; Antonios P. Gasparis, MD; David S. Landau, MD; Shang A. Loh, MD; Angela A. Kokkosis, MD; George J. Koullias, MD, PhD; Nicholas Sikalas, MD

From website: Stony Brook vascular specialists provide diagnosis and treatment of a complete range of vascular disorders, including arterial blockages (PAD), aneurysms, carotid artery disease, malformations, dialysis access, vein disease. They offer expertise in complex aortic aneurysms (AAA and TAA), pelvic congestion syndrome, minimally invasive procedures including angioplasty, stenting, fistulograms, and new treatments for varicose veins.

Stony Brook Center for Vein Care:

23 South Howell Avenue, Suite G
Centereach, NY 11720
(Offices also in Commack, Smithtown and Southampton)
631-444-VEIN (8346)

URL:(<https://vein.stonybrookmedicine.edu>)

Suffolk Vascular Associates

1110 Hallock Avenue
Port Jefferson Station, NY 11776
(631) 476-9100

1149 Old Country Road
Ste. C-4
Riverhead, NY 11901
631-591-9003

329 East Main Street
Smithtown, NY 11787
(631) 979-0222

Staff: Robert M. Pollina, MD, FACS; Thomas E. Arnold, MD, FACS; Gurpreet Gill, MD; Mauricio Szuchmacher, MD, RPVI



URL: (<http://www.suffolkvascular.com>)

From website: Founded in 1995 by Dr. Robert M. Pollina, Suffolk Vascular Associates specializes in innovative solutions for traditional surgical procedures to minimize discomfort for patients. With a mission to prevent disease through early detection, Suffolk Vascular Associates has been providing screening services to patients in Suffolk County, NY for nearly 20 years. Their physicians and vascular surgeons are experts in recognizing symptoms of these conditions early on and providing treatment to prevent strokes or heart attacks.

Vascular Associates of Long Island

4 Technology Drive, Ste. 120

East Setauket, NY 11733

Staff: Kara Kvilekval, MD and Michael Petersen, MD

Phone: (631) 246-8289

URL: (http://www.harborviewmedicalservices.com/index.cfm?fuseaction=directory.viewdirprofile&Directory_ID=5&ParentCat=7)

From website: Vascular Associates of Long Island, P. C. has been in practice since 1999. The doctors specialize in carotid disease, aortic aneurysms, and venous disease, dialysis access, surgery for stroke prevention, and for the treatment of hypertension, lower extremity vascular reconstruction, limb salvage, surgery for diabetic ulcers, treatment of varicose veins, and endovascular aneurysm repair. They will provide patients with a diagnosis and treatment of vascular disease in the most sophisticated and compassionate manner.

Vascular Diagnostics of LI, PC

451 Uniondale Avenue

Uniondale, NY 11553

516-485-2277

Staff: Lateef O. Giwa, MD, FACS

URL: (<http://www.vasculariagnosticsli.com>)

From website: Vascular Diagnostics of LI, PC offers non-invasive vascular testing using state-of-the-art equipment, as well as comprehensive vein treatment ranging from care of varicose veins, spider veins, unresolved leg swelling and leg ulcers. Dr. Giwa has been taking care of vascular patients for over 30 years, and is totally dedicated to the well being of his patients.

319 Middle Country Road, Ste. 5

Smithtown, NY 11787

631-462-2761

Vascular Surgery Associates

33 Medford Ave

Patchogue, NY 11772

(631) 569-5410



William Purtil MD, FACS, RPVI – Vascular & Endovascular Surgeon

990 Stewart Avenue, Ste. L32

Garden City, NY 11530

Staff: William Purtil MD, FACS, RPVI

(516) 466-0485

URL: (<http://www.vascularny.com/home.html>)

From website: Dr. Purtil treats people with diseases of the arteries and veins. He specializes in treating patients with PAD (peripheral arterial disease), abdominal aortic aneurysms (AAA), varicose veins and carotid artery stenosis. He performs dialysis access procedures (AV Fistula or graft) for patients with renal failure. He uses the latest therapies including endovascular techniques such as angioplasty, stents/stent-graft, endovenous saphenous vein laser ablation, and endovascular aneurysm repair for aneurysms. Dr. Purtil also treats non-healing wounds – most due to venous or arterial disease or from diabetes or pressure issues.

ASSOCIATIONS

American Association of Thoracic Surgeons

800 Cummings Center, Suite 350-V

Beverly, MA 01915, USA

Telephone: 1-978-252-2200

URL: (<http://www.aats.org>)

The mission of the AATS has evolved since its founding a 100 years ago to its present goal to Promote Scholarship, Innovation, and Leadership in Thoracic and Cardiovascular Surgery. Its leadership and its members aspire to emulate the motto: "A Century of Modeling Excellence" while holding to the AATS core values of Leadership, Education, Research and Innovation, Excellence in Patient Care, and Mentoring.

American College of Cardiology

2400 N Street NW

Washington DC, 20037

Telephone: 1-800-253-4636, ext. 5603

URL: (<http://www.acc.org>)

The mission of the American College of Cardiology (ACC) is to transform cardiovascular care and improve heart health.

American Heart Association

7272 Greenville Ave.



Dallas, TX 75231

Telephone: 1-800-242-8721

URL: (<http://www.heart.org>)

To improve the lives of all Americans, we provide public health education in a variety of ways. We're the nation's leader in CPR education training. They help people understand the importance of healthy lifestyle choices. They provide science-based treatment guidelines to healthcare professionals to help them provide quality care to their patients. They educate lawmakers, policymakers and the public as they advocate for changes to protect and improve the health of our communities.

American Society of Echocardiography

2100 Gateway Centre Boulevard, Ste. 310

Morrisville, NC 27560

Telephone: 1-919-861-5574

URL: (<http://www.asecho.org>)

ASE is committed to excellence in cardiovascular ultrasound and its application to patient care through education, advocacy, research, innovation and service to their members and the public. Their members are Heart and Circulation Ultrasound Specialists dedicated to improving their patients' health and quality of life. They advocate the use of ultrasound to provide an exceptional view of the cardiovascular system to enhance patient care.

American Society of Nuclear Cardiology

4340 East-West Highway

Suite 1120

Bethesda, MD 20814

Telephone: 1-301-215-7575

URL: (<https://www.asnc.org>)

To improve cardiovascular outcomes through image-guided patient management. To be the preeminent voice and resource of Nuclear Cardiology and Cardiovascular Computed Tomography.

Cardiovascular Research Foundation

1700 Broadway, 9th Floor

New York, NY 10019

Telephone: 1-646-434-4500

URL: (<http://www.crf.org>)

To help doctors improve survival and quality of life for people suffering from heart and vascular disease.



The Children's Heart Foundation

P.O. Box 244

Lincolnshire, IL 60069-0244

Telephone: 1-847-634-6474

URL: (<http://www.childrensheartfoundation.org>)

The mission is to fund the most promising research to advance the diagnosis, treatment and prevention of congenital heart defects. Since 1996, CHF has funded more than \$9.6 million in research projects.

International Society of Heart Research

P.O. Box 52643

Durham, NC 27717-2643

Telephone: Fax Only - 1-919-493-4418

URL: (<http://www.ishrwold.org>)

The mission of the ISHR is to promote the discovery and dissemination of knowledge in the cardiovascular sciences on a world-wide basis. Membership is open to any individual (with or without MD or PhD) who is actively interested in any aspect of experimental or clinical research in the cardiovascular system.

National Heart, Lung, Blood Institute

Building 31, Room 5A52

31 Center Drive MSC 2486

Bethesda, MD 20892

Telephone: 1-301-592-8573

URL: (<http://www.nhlbi.nih.gov>)

Provides global leadership for a research, training, and education program to promote the prevention and treatment of heart, lung, and blood diseases and enhance the health of all individuals so that they can live longer and more fulfilling lives.

National Stroke Association

9707 E. Easter Lane, Suite B

Centennial, CO 80112

Telephone: 1-800-STROKES (787-6537)

URL: (<http://www.stroke.org>)

Provides stroke education and programs to stroke survivors, caregivers, and healthcare professionals. They believe that caregivers and the survivor's circle of support are the core to their recovery. Their programs and material are provided to the stroke community for free.



Society for Cardiovascular Magnetic Resonance

19 Mantua Road

Mt. Royal, NJ 08061

Telephone: 1-856-423-8955

URL: (<http://www.scmr.org>)

To improve cardiovascular health by advancing the field of CMR. We accomplish our mission through education, advocacy, networking, research and clinical excellence.

The Society of Thoracic Surgeons

633 N Saint Clair St, 23rd Floor

Chicago, IL 60611

Telephone: 1-312-202-5800

URL: (<http://www.sts.org>)

Enhance the ability of cardiothoracic surgeons to provide the highest quality patient care through education, research, and advocacy.

World Heart Federation

32, rue de Malatrex

1201 Geneva

Switzerland

Telephone: 41-22-807-03-20

URL: (<http://www.world-heart-federation.org>)

The mission and ambition is, by 2025, to drive the World Health Organization (WHO) target for non-communicable disease mortality reduction by reducing premature deaths from cardiovascular disease (CVD) by at least 25%.

SOCIAL MEDIA

Connect with others interested in vascular disease.

Social media sites are NOT reliable sources for medical information.

American Heart Association:

“The American Heart Association is the nation’s oldest and largest voluntary organization dedicated to fighting heart disease and stroke.”

Facebook: <https://www.facebook.com/AmericanHeart>

Instagram: https://www.instagram.com/american_heart/

Pinterest: <https://www.pinterest.com/americanheart/>

Twitter: @American_Heart

LIFELINE
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**Health
Concerns
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Reference and Adult Services Division of SCLA



Vascular Disease

VOLUME 26

FALL 2017

YouTube: <https://www.youtube.com/user/americanheartassoc>

AMPA: American Podiatric Medical Association

“Podiatrists: First Responders for Vascular Disease”

Facebook: <https://www.facebook.com/theAPMA>

Google+ <https://plus.google.com/+APMAorgCommunity>

Pinterest: <https://www.pinterest.com/theapma/>

Twitter: <https://twitter.com/APMA>

YouTube: <https://www.youtube.com/user/TheAPMA>

The Circulation Foundation:

“The Circulation Foundation is the only UK Vascular charity, dedicated to vascular health.”

Facebook: <https://www.facebook.com/Circulation-Foundation-199665386717479/>

Twitter @CircFoundation

Heart & Vascular Institute (Miller Family) at Cleveland Clinic

“The latest information about heart & vascular disorders, treatments, tests and prevention from the No. 1-ranked heart program in the United States.”

Facebook : <https://www.facebook.com/ClevelandClinic/>

Instagram: <https://www.instagram.com/clevelandclinic/>

Pinterest: <https://www.pinterest.com/clevelandclinic/>

Snapchat: <https://www.snapchat.com/add/clevelandclinic>

Twitter: @clevelandclinic

YouTube: <https://www.youtube.com/user/clevelandclinic>

Journal of Vascular Surgery

“Journal of Vascular Surgery is dedicated to the science and art of vascular surgery and aims to be the premier international journal of medical, endovascular and surgical care of vascular diseases.”

Facebook: <https://www.facebook.com/TheJVascSurg/>

RSS feed: <http://www.jvascsurg.org/content/rss>

YouTube: <https://www.youtube.com/channel/UC-1ymCXIKsUJeC9ivgkqgqNw>



My Leg My Choice Foundation

“My Leg My Choice Foundation is a 501(c)(3) non-profit foundation committed to educating patients who are at risk for foot, leg or lower leg extremity amputations due to diabetes and/or Peripheral Artery Disease (P.A.D.)”

Facebook: <https://www.facebook.com/mlmc.org>

Google+: <https://plus.google.com/+MylegmychoiceOrg>

Instagram: <https://www.instagram.com/mylegmychoice/>

Twitter: <https://twitter.com/MyLegMyChoice>

Raynaud’s Association

“The Raynaud’s Association is a national non-profit (501c3) organization whose mission is to provide support and education to the millions of sufferers of Raynaud’s Phenomenon, an exaggerated sensitivity to cold temperatures.”

Facebook: <https://www.facebook.com/raynaudsassociation/>

Pinterest: <https://www.pinterest.com/raynaudsassoc/>

Twitter: @raynaudsorg

Society for Vascular Surgery

“The Society for Vascular Surgery® (SVS) is a not-for-profit professional medical society, composed primarily of vascular surgeons, that seeks to advance excellence and innovation in vascular health through education, advocacy, research and public awareness.”

Facebook: <https://www.facebook.com/VascularHealth/>

Twitter: <https://twitter.com/vascularsvs?lang=en>

YouTube: <https://www.youtube.com/user/SVSChannel>

Vascular Cures

“Our mission is to innovate patient-centered research, catalyze breakthrough collaborations and empower people in their vascular health journey”

Facebook: <https://www.facebook.com/VascularCures/>

Twitter: https://twitter.com/VascularCures?ref_src=twsrc%5Etfw

YouTube: <https://www.youtube.com/user/VascularResearch>

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Concerns
Committee**

Reference and Adult Services Division of SCLA



Vascular Disease

VOLUME 26

FALL 2017

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#Raynauds

#stroke

#thrombosis

#vascular

#vasculardisease

#VascularDiseaseAwareness

#VericoseVeins