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# Ramblings

The  
Newsletter  
of

# RASD

Reference and Adult Services Division  
A DIVISION OF THE SUFFOLK COUNTY LIBRARY ASSOCIATION

FALL 2016

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## *Committee News*

### **Long Island Reads**

**Beth Gates**



The Long Island Reads Committee is excited to announce that the 2017 pick is **Erik Larson's *Dead Wake***.

Larson will speak on Sunday, April 23, 2017, at 2:00 p.m. at the Tilles Center/Hillwood Recital Hall at the C.W. Post Campus of Long Island University in Brookville, NY. This will be a free but ticketed event -- ticket information will be available at our website, [www.longislandreads.org](http://www.longislandreads.org), and on our Facebook page. A programming guide and reader's guide are in production and will be shared with

all Suffolk and Nassau libraries before the end of this year.

The Long Island Reads Committee is always looking for new members. Contact Beth Gates at [beth@myrml.org](mailto:beth@myrml.org) if you are interested.

## **CARE: Career & Resource Exchange**

### **Nicole Berroyer**

On November 17, 2016, CARE hosted an informative presentation by Pierre Lespinasse from the Small Business Development Center at Stony Brook University. Mr. Lespinasse spoke about the services offered by SBDC, which include counseling, workshops, and on-site assistance. Professional development hours were awarded to attendees. Please email Nicole Berroyer at [nicole@connetquotlibrary.org](mailto:nicole@connetquotlibrary.org) if you have any questions about the committee or the speaker.

## **New Adult**

### **Michael Buono & Lisetty Thomas**

Rose Williamson and Cathy Washburn from the VA presented on services for returning vets. Their job is to help men and women return to their lives after the military. Veterans often have a hard time readjusting to civilian life and relating to their old friends. We live in a period of combat; veterans are returning with PTSD and for the first time in great numbers, women are returning to families and children. They need assistance in this transition period.

The VA provides vocational assistance and well as medical care. The vocational rehab department hosts job fairs and helps vets translate their military skills into civilian wording for resumes. The medical care segment is like one-stop shopping: Multiple specialists are in the same building, and patients can typically get same-day appointments at all of them. Childcare is provided during these appointments. They also treat the spouses of veterans and those on active duty. The only treatments they outsource are for maternity care, breast cancer, and rape; for these conditions, patients are sent to a nearby center of excellence. They now will even provide hormone replacement therapy to transgender veterans as well as IVF procedures to women. Typically they will help any veteran within 5 years of being discharged, but refer any inquiring patrons to them because they still may be able to help after those 5 years.

The majority of the returning veteran population is now between 18 and 25 years old. Many of these veterans don't want to go to the VA because they think of it as for older people or they did not get deployed during their enlistment and don't believe they are eligible. These are both false assumptions. Other veterans fear that any information given to the VA will get back to their unit, which is also not true. The VA is a civilian government agency and does not communicate sensitive information to the military. If they are still nervous, they can visit a Vet Center, which does not document any information on a computer. Everything is done on paper, and the Department of Defense cannot get access to any of it, even with a court order. The information in those files is private between the veterans and doctors. The two Vet Centers located on Long Island are in Hicksville and Babylon.

## Health Concerns

Sal Filosa

### Health Concerns Committee

Reference and Adult Services Division of SCLA



In case you missed the fun, we just wanted to share with you all of the interesting information that we learned at the Health Concerns Committee's Annual Breakfast. The topic was **CAM: Complementary and Alternative Medicines**. Our annotated bibliography ([PDF](#)) is up and you can find it in the [catalog](#) or directly on the [SCLA Resources](#) page on NYLA's website.

Our first speaker, Ashley Teague, is a licensed acupuncturist who discussed and demonstrated acupuncture, Qi gong, Moxibustion, cupping, and Gua sha. Don't worry, it didn't hurt! Our second speaker, Dr. Steve Nenninger, is a licensed nutritionist and naturopathic doctor who discussed very alternative ways of treating patients. Remember a few decades ago when it was inconceivable to think that we would be ingesting bacteria to build up immunity and get better? Well, think about ingesting worms!



Finally, we heard from Matt at EBSCO about a database called *Alt HealthWatch* that specializes in articles specifically on alternative medicine. We finished out the day with some raffles! That's right, surprise RAFFLES! Two lucky winners received great prizes that were graciously donated to RASD.

We hope to see you at our future programs and always welcome members. Please contact me with any questions: [sfilosa@portjefflibrary.org](mailto:sfilosa@portjefflibrary.org).

**RASD**  
**BECOME A MEMBER!**

**Membership:**  
**What's in it for me?**

<http://scla.net/rasd-main/membership/>

## Public Relations & Marketing

Jo-Ann Carhart & Joan Cook



The Public Relations and Marketing Committee was pleased to present the 2016 SLMA Awards at the SCLA Dinner, held at the Meadow Club in Port Jefferson Station on November 10, 2016.

1. **John Jermain Memorial Library** won First Place for their Book Brigade Campaign.
2. **Huntington Library** at the Ammerman Campus of SCCC won Second Place for their Creative Diversity Bookmark Campaign.
3. **Smithtown Library** was awarded Third Place for their Black Friday Campaign.
4. **Half Hollow Hills Community Library** received an Honorable Mention for their Park Day Campaign.

All of these wonderful marketing campaigns and events will be reviewed at the committee's January 26, 2017 meeting at the East Islip Public Library. Be sure to attend in order to absorb the exciting marketing ideas that are happening throughout Suffolk County. You can find the instructions and an award application for on the PR Committee's blog: [rasdpr.wordpress.com](http://rasdpr.wordpress.com).

## Reader's Advisory

### Azuree Agnello

The Reader's Advisory Committee met in September to discuss Culinary Fiction with past topics this year including Biography (January) and Science Fiction (April). Our next meeting will be on Thursday, January 26, 2017, at 10 a.m. with our topic being Non-Fiction to coincide with the 2017 Long Island Reads pick *Dead Wake* by Erik Larson. Be sure to follow our blog at [rasdreadersadvisory.blogspot.com](http://rasdreadersadvisory.blogspot.com) to find out what we thought of our books and get ideas to share with your patrons.

Always wanted to join a committee but felt you didn't have enough time? Reader's Advisory is the committee for you! We meet three times a year and do most of our communication via email. Meet new people and improve your RA skills at the same time! Contact [aagnello@wbpl.us](mailto:aagnello@wbpl.us) for more information.

## RASD Executive Board

### *Officers*

Stephen Ingram, *President*  
Lauren Bernat, *Vice President*  
Megan Sala-James, *Past President*  
Katie McIntyre, *Secretary*  
Maureen Nicolazzi, *Treasurer*

### *Committee Chairs*

- CARE, Nicole Berroyer
- Electronic Resources, Ellen Druda & David Jones
- Health Concerns, Sal Filosa
- Historian, Robert Cognato
- Long Island History, Inez Foster
- Long Island Reads, Beth Gates
- MOSAIC, Amber Sroka & Gilda Ramos
- Media, Steven Spataro & Sara Bedell-Spataro
- Member-at-Large, Karen Cognato
- Membership, Wendy Polhemus-Annibell
- New Adults, Mike Buono & Lissetty Thomas
- OARS, Cindy Miller
- PR & Marketing, Jo-Ann Carhart & Joan Cook
- Programs, Rose Marut
- Ramblings, Wendy Polhemus-Annibell
- Readers Advisory, Azuree Agnello
- Webmaster, Wonda Miller

# RASD

Reference and Adult Services Division  
A DIVISION OF THE SUFFOLK COUNTY LIBRARY ASSOCIATION

## Mission Statement

*To unite in one division all those who are interested in any phase of reference and adult services, To give those having responsibility for the above services an opportunity to exchange information, develop techniques, and improve their professional experience. To have representation on the Board of Directors of the Suffolk County Library System.*

## Find Us on the Web!

**Website:** <http://scla.net/rasd-main/>

**Facebook:**

<https://www.facebook.com/Reference-and-Adult-Services-Division-300290602542/>

## Become a Member!

**Membership Benefits:**

<http://scla.net/rasd-main/membership/>

*Ramblings, the official newsletter of the Reference & Adult Services Division of the Suffolk County Library Association, is published quarterly. Contents © 2016 RASD. All rights reserved. Issue Editor: Wendy Polhemus-Annibell*