



**LGBTQ Resources**

VOLUME 28

FALL 2019





**LGBTQ Resources**

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**CONTRIBUTORS**

<b>Paula Bornstein</b>	<b>Laura LaSita</b>
<b>Salvatore Filosa</b>	<b>Noreen O’Donnell</b>
<b>Deborah Grayovski</b>	<b>Karen Sonnessa</b>
<b>Nanci Hammer</b>	<b>Sally Stieglitz</b>
<b>Alexandra Kaloudis</b>	

**LIFELINE**  
YOUR CONNECTION TO  
CURRENT MEDICAL RESOURCES

**Health  
Concerns  
Committee**

*Reference and Adult Services Division of SCLA*



## **LGBTQ Resources**

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### **INTRODUCTION**

This bibliography on LGBTQ Resources, compiled by the Health Concerns Committee of the Reference and Adult Services Division of the Suffolk County Library Association, is designed to act as a reference tool and a collection development guide. It presents an annotated, selective list of items in this subject area suitable for purchase by public and academic libraries. All titles were selected by the committee. An attempt was made to cover all types of materials.

The Health Concerns Committee was formed in January 1989. Its purpose is to explore and exchange information about health-related resources on topics of interest to public, school, academic, and special library patrons. Its objectives have expanded beyond the mandated annual bibliography and annual program, and now included multiple workshops throughout the year, the creation of partnerships among various health organizations composed of librarians or with the goal to train librarians, and to submit one workshop for the Long Island Library Conference. All librarians in Suffolk County are encouraged to join this ever-growing committee.

Salvatore J. Filosa  
Health Concerns Committee Chairperson  
Reference and Adult Services Division of SCLA



## **BOOKS- 2019**

Schroeder, S., & Theophano, T. (Eds.). (2019). *Headcase : LGBTQ writers & artists on mental health and wellness*. New York, NY: Oxford University Press.

Headcase is a groundbreaking collection of personal reflections and artistic representations illustrating the intersection of mental wellness, illness, and LGBTQ identity, as well as the lasting impact of historical views equating queer and trans identity with mental illness. The pieces offer personal views from both providers and clients, often one and the same, about their experiences. In the anthology, readers will access the inner thoughts of an array of individuals, including: a therapist with dual status who also happens to be transgender and practicing in the Midwest; a lesbian writer and psychotherapist recounting her mother's experience with forced institutionalization, shock therapy, and "conversion therapy" in the 1950s; a queer illustrator presenting unique glyph illustrations that represent a panoply of identity-related questions and answers; an award-winning gay male writer discussing his struggle with depression publicly for the first time; and a trans activist of color writing about surviving madness in the inner city and how his community of mental health and social justice youth activists help each other thrive. Several contributors also document the difficulty of navigating flawed health care systems that limit affordable access to genuinely affirming, effective services. Cultural norms and barriers to accessibility have an enormous impact on the quality of care available to LGBTQ communities. Traversing boundaries of race and ethnic identity, age, gender identity, and socioeconomic status, Headcase should appeal to LGBTQ communities and, specifically, LGBTQ mental health consumers and their friends, families, and comrades.

<https://search.livebrary.com/record=b5379902~S85>

Schneider, J. S., Silenzio, V. M., Erickson-Schroth, L., & Vargas, H. (2019). *The GLMA handbook on LGBT health*. Santa Barbara: Praeger.

Recent years have seen a flood of high-quality research related to the health of lesbian, gay, bisexual and transgender individuals and families. The GLMA Handbook on LGBT Health is the first comprehensive resource to gather that knowledge in one place in the service of vital information needs. Both accurate and easy to understand, the two-volume handbook addresses physical, mental, and emotional health, as well as policy decisions affecting the LGBT community from youth through old age. Volume One is devoted to overall health of the population and preventive care, while Volume Two examines disease management. Entries discuss concerns as diverse as HIV/AIDS, substance abuse, domestic violence, depression, heart health, policy and advocacy, and research. The clear



but detailed articles in this groundbreaking work will help readers cut through the noise and controversy surrounding scientific advances to make informed choices about their health and well-being.

<https://search.livebrary.com/record=b5428623~S85>

## **BOOKS- 2018**

Dorr, Christina and Liz Deskins. *LGBTQAI+ Books for Children and Teens*. Chicago: American Library Association, 2018. 132 p. 9780838916490. \$45.00.

A compilation of books written on the subject of LGBTQAI+ and/or containing LGBTQAI+ characters. It is primarily designed for use by teachers, librarians, and parents in the selection of books for young readers, middle school students, and teens. Selections are fiction and non-fiction and include bibliographic information, annotations, conversation starters, any awards and honors, and online resources. The appendix of further resources includes organizations, articles, books, and blog posts. There is a glossary and indexes for subject, author, and title.

Karatas, Sudi. *Rainbow Relatives: Real-World Stories and Advice on How to Talk to Kids About LGBTQ+ Families and Friends*. New York: Skyhorse Publishing, 2018. 216 p. 9781510731738. \$16.99.

The author interviewed and surveyed several LGBTQ individuals, gathering their stories here. The stories detail how they came out to their relatives and friends, while coping with discrimination from others. Also included: a chapter with guidance from therapists and psychologists; a chapter on support groups and resources for LGBTQ families; and one listing recommended reading and viewing. Written in an approachable style for general audiences.

Langford, Jo. *The Pride Guide: A Guide to Sexual and Social Health for LGBTQ Youth*. Lanham, MD: Rowman & Littlefield, 2018. 362 p. 9781538110768. \$28.00.

This is a comprehensive resource guide for LGBTQ youth, their parents, and other adult relatives and friends. All aspects are covered: from the biological – sex, puberty, and adolescence, to the social/emotional – dating and relationships, to the health/safety issues – sexually transmitted infections, safer sex, online safety, and more. A section of the book guides adults on how to parent their LGBTQ children. Includes an in-depth glossary, a chapter-by-chapter notes section referring the reader to articles mentioned in the text, a bibliography for further reading, and an index. Written for a general audience.



**LGBTQ Resources**

Madrone, Kelly Huegel. *LGBTQ: The Survival Guide for Lesbian, Gay, Bisexual, Transgender, and Questioning Teens. Revised and Updated Third Edition.* Minneapolis, MN: Free Spirit Publishing, Inc., 2018. 262 p. 9781631983023. \$16.99.

A guide written for teens and their parents, relatives, and friends encompassing what it means to be LGBTQ in all of its psychological, social, and healthcare aspects. Topics discussed include transgender and nonbinary teens, homophobia and transphobia, coming out, life at school, dating and relationships, sex and sexuality, staying healthy, and more. A glossary, listing of online and organizational resources, selected bibliography, and index are included.

McGrody, Ellen. *Coping with Gender Dysphoria.* New York: The Rosen Publishing Group, Inc., 2018. 112 p. 9781508173915. \$37.10.

This book is written for a young adult audience. The author first describes what transgender identity is and then explains what gender dysphoria is, “. . . the distress, discomfort, anxiety, and depression caused by a sense of disconnect or incongruence between someone’s assigned gender and their gender identity.” Chapters include those on gender presentation, medical care, and dysphoria and mental health. Also provided are a glossary, a listing of sources for more information, a bibliography, and an index.

Storck, Kelly. *The Gender Identity Workbook for Kids: A Guide to Exploring Who You Are.* Oakland, CA: New Harbinger Publications, Inc., 2018. 148 p. 9781684030309. \$17.95.

A collection of “37 simple, fun activities to help kids: understand their unique gender; navigate the world around them; and gain confidence & support.” The book is written for both children and their parents, by a clinical social worker specializing in working with gender-diverse youth.

Vincent, Ben, PhD. *Transgender Health: A Practitioner’s Guide to Binary and Non-Binary Trans Patient Care.* London: Jessica Kingsley Publishers, 2018. 208 p. 9781785922015. \$22.95.

Written for healthcare and medical practitioners for their use in treating health issues in transgender individuals. Beginning with a glossary of relevant terms, the book continues to discuss interactions with patients, giving referrals to specialists, healthcare that is exclusive from transition, transgender identity in people under the age of eighteen, hormone therapy, and gender affirmation surgeries. The text is in British English and is technical in nature. A bibliography of medical journal articles and an index also are provided.





**PERIODICALS- 2019**

Dubin, Sam. "Working toward a 'Status Neutral' Future". The New York Times Company (June 2019).

Dr. Demetre Daskalakis, deputy commissioner for the Division of Disease Control of the New York City Department of Health and Mental Hygiene, is among those trying to rewrite the AIDS narrative. During his tenure, New York City has succeeded in lowering H.I.V. transmission rates, rolling out PrEP and rebranding the city's STD (for sexually transmitted disease) Clinics as Sexual Health Clinics. Dr. Daskalakis exemplifies the shifting paradigms around sexual and gender minority health. He has advocated a disease prevention strategy that attempts to remove the stigma associated with H.I.V. and AIDS.

Joyner, Andrea B. "Addressing the sexual and reproductive health needs of trans and gender nonconforming patients: Separate gender identity from sexual identity to allow for more comprehensive history-taking". *Pediatric News*, (July 2019). 22

Very informative article for health care providers in taking the sexual history of their trans gender and gender nonconforming (GNC) patients. Several examples are given on how doctors can better support the sexual health of their trans/GNC patients.

Landers, Stewart, and Farzana Kapadia. "50 Years After Stonewall, the LGBTQ Health Movement Embodies Empowerment, Expertise, and Energy". *American Journal of Public Health* (June 2019). 849

The author argues that the Stonewall Riots of 1969 did not precipitate the following HIV epidemic in the U.S. due to increased promiscuous sexual behavior by gay men. Topics include the U.S. healthcare system's lack of preparedness and unwillingness to meet the needs of the LGBTQ population, the emphasis on social justice and health equity through activism during the AIDS era, and the impact of social conditions and inequity on the health and well-being of LGBTQ people, women, and people of color.

Margolies, Liz, and Carlton G. Brown. "Increasing Cultural Competence with the LGBTQ Patients". *Nursing* (June 2019). 34

Many nurses practicing today lack basic education about LGBTQ (lesbian, gay, bisexual, transgender, queer) patient care. How can they better prepare to care for this population? This article provides insight on LGBTQ people, their health risks and disparities, and how nurses can work with LGBTQ patients to improve outcomes.



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“New Findings from University of Utah Update Understanding of Cancer [Palliative and End-of-life Care for Lesbian, Gay, Bisexual, and Transgender (LGBT) Cancer Patients and Their Caregivers]”. *Obesity, Fitness and Wellness Week* (April 2019). 3243

This article states the results of a new study that identify the unique needs of lesbian, gay, bisexual, and transgender (LGBT) cancer patients and caregivers, and review recommendations supporting more effective and inclusive palliative and end-of-life care. Published research and clinical guidelines."

“Researchers at Sylvester Comprehensive Cancer Center Report New Data on Cancer (Developing a Web-based LGBT Cultural Competency Training for Oncologists: the Colors Training).” *Obesity, Fitness & Wellness Week*, (June 2019). 6382

To increase cultural awareness among oncologists a meeting was conducted resulting in a practical and efficient web-based resource for LGBT cultural competency training for oncologists.

Streed Jr., Carl G, et al. “Changing Medical Practice, Not Patients- Putting an end to Conversion Therapy”. *New England Journal of Medicine* (Aug 2019). 500

The article focuses on the conversion therapy that is rooted in the notion that any non-heterosexual sexual orientation is a pathology in need of a cure. It mentions that American Medical Association have publicly denounced that conversion therapy and documented the substantial harm associated with it. It mentions about offering supportive therapies and provide accurate information and resources for all LGBTQ patients and their families.

Worcester, Nancy, and Marianne Whatley. “Rx for Change: Transgender Gender-Affirming Hormone Treatment”. *Women’s Health Activist*, (July 2019).

This article discusses the dangers of purchasing hormones and the multiple barriers to medical care for transgender people. Some resort to finding their own hormone sources. The prevalence of medically unmonitored hormone use is as high as 60% among trans females in the U.S. and Canada. Online hormone incredibly easy--but potentially harmful. One study found 96% of online drug-sellers exist outside regulations, often selling unapproved drugs; drugs containing the wrong active ingredient or wrong amount of the active ingredient; or drugs containing dangerous ingredients. Trans people who lack insurance may seek crowd-funding to support hormone purchases, (16) which is generally unsuccessful for medical needs, and particularly so for transgender health care.





## PERIODICALS- 2018

Bačak, Valerio, et al. "Incarceration as a health determinant for sexual orientation and gender minority persons." *American Journal of Public Health*. Vol. 108, issue 8 (August 2018) 994-999.

The authors discuss how incarceration affects the health of sexual and gender minority (SGM) individuals. They find that there is a disproportionate amount of SGM individuals in jails and prisons and note the leading health risks for this vulnerable population. They discuss ways to examine this population further, note the importance of health care access and quality, and recommend further study of the health of the SGM population during incarceration and afterward.

Caputi, Theodore L., et al. "Substance use among lesbian, gay, bisexual, and questioning adolescents in the United States, 2015." *American Journal of Public Health*. Vol. 108, issue 8 (August 2018) 1031-1034.

The objective of this study is to provide current national estimates of lesbian, gay, bisexual, and questioning (LGBQ) adolescents' substance use risks -- data that is necessary to guide public health and policy strategies. Using data from the 2015 National Youth Risk Behavior Survey (YRBS), the study presents risk estimates for 15 types of substances and finds that LGBQ adolescents have significantly greater risk for substance abuse. The authors urge policymakers to invest in prevention and early intervention resources to address this risk among LGBQ adolescents.

Chelvakumar, Gayathri. "Updates on health and care utilization by TGNC youth." *Pediatric News*. (March 2018) 19.

Chelvakumar looks at a study published in the February 2018 issue of *Pediatrics* that presented data on the health and care utilization of transgender and gender-nonconforming (TGNC) youth. She notes a few key points of the study, including: the prevalence of TGNC youth is higher than previously reported, there are statistically significant differences in health status between TGNC youth and cisgender youth, and TGNC youth with a perceived gender expression incongruent with the sex assigned at birth were more likely to report poor health status. Suggestions made include, for example, that health care providers recognize there are health disparities in the TGNC population and that TGNC individuals may be vulnerable to discrimination, and for providers to promote access to gender-affirming care.



Dawson, Milly. "Treating LGBTQ patients: 4 ways to address their needs." *Medical Economics*. (November 10, 2018) 47-48.

This article suggests several ways staff might address the needs of LGBTQ patients in the healthcare setting. The suggestions include, for example, how to address the patient by using the patient's preferred pronoun and by being self-aware/ knowing one's own limitations.

Dickson, Virgil. "HHS' new religious freedom office could imperil care for LGBT patients." *Modern Healthcare*. Vol. 48, issue 4 (January 22, 2018) 0012.

This article looks at the development of the Conscience and Religious Freedom Division within Department of Health and Human Services' Office for Civil Rights. The division was created to support providers who refuse to provide services or perform procedures that conflict with their religious and/or moral beliefs. A few concerns are briefly discussed.

Durso, Laura E. "Progress and challenges in sexual orientation and gender identity measurement in the first year of the Trump Administration" *American Journal of Public Health*. Vol. 108, issue 7 (July 2018) 894-95.

This editorial addresses the progress and challenges associated with sexual orientation and gender identity during U.S. President Donald Trump's first term in office. It looks at data on LGBTQ populations as well as data from America's National Survey of Older Americans Act Participants (NSOAAP) and the Nation's 2020 Census and American Community Survey.

Enos, Gary A. "LGBT youths report eating disorders at stunning rate: data shows more than half of the surveyed population between age 13 and 24 has been diagnosed with an eating disorder." *Addiction Professional*. (Spring 2018) 42-43.

The unique stressors experienced by members of the LGBTQ population, such as harassment and coming out, can influence the levels of low self-esteem, depression, anxiety and unhealthy coping behaviors (e.g. substance abuse) an individual experiences. All of these factors can contribute to the development of eating disorders. This article looks at the results of a recent survey on eating disorders among young people in the LGBTQ population and brings up some concerns. Amit Paley, CEO of the Trevor Project, states that the findings "are alarming and highlight the need for further research to improve the lives of LGBTQ young people in this country."

George, Rita and Mark A. Stokes. "A quantitative analysis of mental health among sexual and gender minority groups in ASD." *Journal of Autism & Developmental Disorders*. Vol. 48, issue 6 (June 2018) 2052-2063.



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As noted by the authors, individuals with autism spectrum disorder (ASD) experience increased mental health difficulties, and individuals of sexual and gender minority groups experience poorer mental health than those of the heteronormative population. According to recent research, individuals with autism report increased non-heterosexuality and gender-dysphoric traits. This study aims to assess whether being a member of a sexual minority group or gender minority group reduces the mental health status of someone with ASD.

Gorman, Bridget K. and Zelma Oyarvide. "Sexual orientation, socioeconomic status, and healthy aging." *Generations*. Vol. 42, issue 2 (Summer 2018) 56-60.

In the United States, there is a growing population of LGBT adults age 50 and older that will grow to more than 5 million by the year 2030. This population, according to research, faces a number of health challenges including stigma, discrimination, barriers to receiving healthcare services, as well as financial insecurity. This article looks at how sexual orientation relates to socioeconomic status (SES) and at how the differences in SES directly influences the health and healthy aging trajectories of LGBT elders.

Johnson, Kevin K. "Special issues in LGBTQ geriatric psychiatry." *Psychiatric Times*. (May 2018) 22-23, 27.

Johnson discusses a number of healthcare issues faced by the ageing LGBTQ population, a diverse group with unique healthcare needs. He suggests ways that clinicians can approach older LGBTQ patients in order to provide them with the best care. Johnson notes the importance of looking at historical context. For example, those born before 1945 came of age in a time when same-sex behavior was highly stigmatized and often illegal. He also looks at disparities and minority stress experienced by older LGBTQ individuals, many who have faced legal and economic discrimination and higher rates of disability and health problems than the general population. However, adds Johnson, many LGBTQ elders have developed coping skills and other factors important to successful ageing: community supports, positive self-identity, socioeconomic resources, access to health care, etc.

Larkin, Marilyn. "Enhancing health, wellness and community for older LGBT adults." *The Journal on Active Aging*. (July/August 2018) 38-40, 42, 46-49.

Older LGBT adults face similar issues to other aging adults: isolation, housing affordability, ageism, etc. According to research, older LGBT adults have additional concerns that affect their health and wellness, such as a higher prevalence of mental health problems, disability and disease. This article discusses initiatives being made to build the community, health and wellness of older LGBT adults. It looks at an intergenerational complex in California and a LGBT- welcoming development in New



York, and notes how each facility strives to combat the feelings of loneliness and exclusion and boost connectedness among LGBT people.

Levitt, Nathan. "6 things every transgender person should know about going to the doctor: you deserve sensitive, comprehensive care." *Self.com*. (June 11, 2018) 1.

Many transgender and gender nonconforming people avoid seeking medical care because of discrimination, disrespect, and a lack of knowledgeable, sensitive providers. Levitt notes the importance for these individuals to be empowered with knowledge and information that will help them find the best care. He recommends resources to help those in need find trans /nonconforming friendly clinicians, gives suggestions on what one should look for when searching for a provider, and outlines important things transgender/nonconforming patients should discuss with their doctor.

Littman, Lisa. "Rapid-onset gender dysphoria in adolescents and young adults: a study of parental reports. *PLoS ONE (Public Library of Science)*. Vol. 13, issue 8 (August 16, 2018) e0202330.

Gender dysphoria (GD) is defined as an individual's persistent discomfort with one's biological sex/assigned gender. Two types of gender dysphoria include early-onset, where symptoms begin in early childhood, and late-onset (or adolescent onset) where the symptoms begin after puberty. Rapid-onset gender dysphoria (ROGD) is a type of late-onset gender dysphoria where symptoms begin suddenly in an adolescent/young adult who did not meet the criteria for the disorder in childhood. By examining parental reports, this study describes ROGD, looks at factors in the condition's development, points out a number of issues with diagnosis and treatment, and advises further research to better understand its implications and scope.

McCrone, Sarah. "LGBT healthcare disparities, discrimination, and societal stigma: the mental and physical health risks related to sexual and/or gender minority status." *American Journal of Medical Research*. Volume 5, issue 1 (April 2018) 91+

In this report, McCrone looks at recent literature regarding health disparities by gender and sexual orientation identity. She analyzes data gathered from a number of sources and gives estimates on access to healthcare and health insurance, and notes the increased health risks for LGBT adults.

Montano, Gerald T. "All children deserve support for their gender identities." *Pediatric News*. Vol. 52, Issue 10 (October 1, 2018) 19.

Montano looks at a few key points that Jesse Singal made in "When Children Say They're Trans," in the July/August (2018) edition of *The Atlantic*. (This article appears in the July/August 2018 print edition with the headline "Your Child Says She's Trans. She



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Wants Hormones and Surgery. She's 13.") These key points include "desistance," when individuals no longer feel that their gender identities are different from their physical appearance, and "detransitioning," when people undergo social or physical transitions and later reverse them. Montano discusses Singal's concerns that children who have had irreversible medical treatments to confirm their gender identity will change their minds. He questions Singal's call for a cautious approach for treating children identifying as transgender and recommends instead that parents and clinicians support the child in affirming gender identity.

Montano, Gerald. "Preexposure prophylaxis among LGBT youth." *Pediatric News*. (January 2018) 19.

The combination drug emtricitabine/tenofovir (also known as Truvada) is used as a pre-exposure prophylaxis (PrEP) against HIV (the human immunodeficiency virus). While many in the LGBT community have benefited from this HIV prevention treatment, questions of effectiveness and safety have kept providers from prescribing it to LGBT adolescents. Although it has risks, Montano urges providers to consider using PrEP with LGBT adolescents because significant barriers exist in preventing HIV in this high-risk population. Furthermore, he adds that there is growing evidence that PrEP is safe and effective at preventing HIV.

Oakes, Kari. "Breast cancer surveillance a must for transgender patients." *Family Practice News* Volume 48, Issue 7 (April 15, 2018) 7.

According to a Dutch national study, both transgender men and transgender women had an increased risk of breast cancer compared with a male, but not a female, reference population. This article points out that breast cancer can still occur after mastectomy in transgender men, and notes how at-risk individuals may fall through the cracks when electronic health records have a binary system.

Singal, Jesse. "Your child says she's trans. She wants hormones and surgery. She's 13." *Atlantic*. Vol. 322, Issue 1 (July/August 2018) cover, 88-107.

This article looks at gender dysphoria in children and at a number of issues in the decision making process of gender transitions. The author points out that while the new protocol of social and physical transition is helpful for many young people experiencing gender dysphoria, caution needs to be taken because for some, gender dysphoria is temporary while some effects of transitioning are permanent. Other topics discussed include the importance of support and acceptance of young people with gender dysphoria, the effects of puberty on decision making, and the occurrence of desisting (when people stop experiencing gender dysphoria without having fully transitioned socially or physically) and detransitioning (when people undergo social or physical





transitions and later reverse them). Also discussed is the need for thorough mental health assessments that are critical to achieving positive outcomes, even though some find such assessments traumatizing. This is especially important for those seeking physical interventions.

### **NEWSPAPER ARTICLES- 2019**

"Access to health and social care for LGBT communities examined." European Union News, 14 May 2019. Infotrac Newsstand, [https://link.galegroup.com/apps/doc/A585677502/STND?u=nysl\\_li\\_scls&sid=STND&xid=4c489c08](https://link.galegroup.com/apps/doc/A585677502/STND?u=nysl_li_scls&sid=STND&xid=4c489c08). Accessed 21 May 2019.

The Women and Equalities Committee holds the second session of its health and social care and LGBT communities inquiry. The session will be held during Mental Health Awareness Week, the session will focus on mental health services for LGBT people and health services for LGBT young people.

"Discrimination Against L.G.B.T.Q. Employees." *New York Times*, 27 Sept. 2019, p. A30(L). *SPN.SP01*.

[https://link.gale.com/apps/doc/A600887845/SPN.SP01?u=nysl\\_li\\_scls&sid=SPN.SP01&xid=23eb1534](https://link.gale.com/apps/doc/A600887845/SPN.SP01?u=nysl_li_scls&sid=SPN.SP01&xid=23eb1534) Accessed 23 Oct. 2019.

The Justice Department's move to support discrimination against L.G.B.T.Q. employees is the latest in a series of efforts by the Trump administration to undermine the basic rights of these Americans, and it will jeopardize their health.

"The Fenway Institute: Trump Administration Finalizes Rule That Will Make It Harder for LGBT People to Access Health Care." PR Newswire, 3 May 2019. Infotrac Newsstand, [https://link.galegroup.com/apps/doc/A584261869/STND?u=nysl\\_li\\_scls&sid=STND&xid=b5104000](https://link.galegroup.com/apps/doc/A584261869/STND?u=nysl_li_scls&sid=STND&xid=b5104000). Accessed 21 May 2019.

The Trump Administration finalized a health care regulation proposed in early 2018 that will "protect" the "statutory conscience rights" of health care providers. The rule grants federal nondiscrimination protection to health care providers who deny services to people who violate the providers' sincerely held religious beliefs.

"Fenway Health Warns Recent Federal Ruling Denies Transgender People Access to Health Care." *PR Newswire*, 17 Oct. 2019, p. NA. *Gale OneFile: News*, [https://link.gale.com/apps/doc/A602958045/STND?u=nysl\\_li\\_scls&sid=STND&xid=eba0080a](https://link.gale.com/apps/doc/A602958045/STND?u=nysl_li_scls&sid=STND&xid=eba0080a) Accessed 23 Oct. 2019.





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On Tuesday, a federal judge overturned the Affordable Care Act's explicit prohibition of gender identity discrimination. The judge ruled that the gender identity nondiscrimination regulation put in place by the Obama Administration in 2016 violates the Religious Freedom Restoration Act (RFRA). Fenway Health warns that this ruling will deny transgender people access to health care.

"Lambda Legal Condemns New Trump Health Care Rule Threatening LGBT People and Women." Targeted News Service, 5 May

2019. Infotrac Newsstand, [https://link.galegroup.com/apps/doc/A584458005/STND?u=nysl\\_li\\_scls&sid=STND&xid=97941ceb](https://link.galegroup.com/apps/doc/A584458005/STND?u=nysl_li_scls&sid=STND&xid=97941ceb). Accessed 21 May 2019.

LGBT patients already face discrimination in health care settings and are all too often turned away when they seek medically necessary health care. The U.S. Department of Health and Human Services, in announcing a "Denial of Care" Rule, makes it worse.

"Legalizing Same-Sex Marriage Increased health Care Access for Gay Men: Vanderbilt Study." States News Service, 11 July 2018.

SPN.SP01, [https://link.gale.com/apps/doc/A546279982/SPN.SP01?u=scls\\_main&sid=SPN.SP01&xid=3a6ed28c](https://link.gale.com/apps/doc/A546279982/SPN.SP01?u=scls_main&sid=SPN.SP01&xid=3a6ed28c). Accessed 17 Sept. 2019.

Vanderbilt researchers have documented evidence that legalizing same-sex marriage has improved access to health care for gay men in a study released as a National Bureau of Economic Research working paper this week. This is one of the first studies to examine the effect legal marriage has on the health of lesbian, gay, bisexual, and transgender individuals.

Niemeyer, Kenneth. "UMMC Opens the state's First LGBTQ Health Clinic." *University Wire*, Oct 21, 2019. ProQuest <https://search.proquest.com/docview/2307363366?accountid=35174>

The University of Mississippi Medical Center opened Mississippi's first LGBTQ health clinic in September. After the medical center opened a mental health facility for LGBTQ people in 2015, they realized that many people who visited that clinic needed their physical medical needs met as well.

"Rep. Hoyer Issues Statement on Health Care, Prescription Drug Cost, LGBT Discrimination Ban Legislation; \*\* Speech." Targeted News Service, 20 May

2019. Infotrac Newsstand, <https://link.galegroup.com/apps/doc/A58>.

House Majority Leader Steny Hoyer discusses a bill that bans discrimination against LGBT Americans.

"UC Medical Student Launches LGBT Health Care Publication." Targeted News Service, 26 Jan.



2019. Infotrac Newsstand, [https://link.galegroup.com/apps/doc/A571124623/STND?u=nysl\\_li\\_scls&sid=STND&xid=1651d561](https://link.galegroup.com/apps/doc/A571124623/STND?u=nysl_li_scls&sid=STND&xid=1651d561). Accessed 21 May 2019

Haidn Foster, a second-year medical student at the University of Cincinnati, recently launched the online publication *Pride in Practice* to offer more comprehensive LGBT health care education for medical students, residents, physicians and other health care workers.

"UNACCEPTABLE INEQUALITIES IN HEALTH OUTCOMES' FOR LGBT PEOPLE 'GLARE OUT WHEREVER YOU LOOK'." *States News Service*, 22 Oct. 2019, p. NA. *Gale OneFile: News*,

[https://link.gale.com/apps/doc/A603392505/STND?u=nysl\\_li\\_scls&sid=STND&xid=df9f6e2c](https://link.gale.com/apps/doc/A603392505/STND?u=nysl_li_scls&sid=STND&xid=df9f6e2c)  
Accessed 23 Oct. 2019.

In a report published today, the Women and Equalities Committee has found that too often LGBT people are expected to fit into systems that assume they are straight and cisgender. But the Committee has found that deep inequalities exist in health outcomes for these communities and that treating them "the same" as non-LGBT people will not address these poor outcomes.

## **AGENCIES, ASSOCIATIONS & TREATMENT CENTERS**

### **United States Government:**

#### **Centers for Disease Control and Prevention (CDC)**

*Lesbian, Gay, Bisexual, and Transgender Health*

<https://www.cdc.gov/lgbthealth/index.htm>

1600 Clifton Road Atlanta, GA 30333

(800) 232-4636

TTY: (888) 232-6348, Monday-Friday

A plethora of information links that includes references, information for lesbians, gays, bisexuals, transgender persons, and LGBT youth, as well as helplines for the LGBT community.

#### **New York State Department of Health**

*HIV, STDs, & Hepatitis C*

*Lesbian, Gay, Bisexual, and Transgender Health*

<https://www.health.ny.gov/diseases/aids/consumers/lgbt/>

New York State Department of Health

Corning Tower

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## **LGBTQ Resources**

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Empire State Plaza,  
Albany, NY 12237

Carmen Vazquez  
Director, LGBT Health Services Unit  
Bureau of Special Populations  
Division of HIV/STD/HCV Prevention Services  
(212) 417-4707  
[carmen.vazquez@health.ny.gov](mailto:carmen.vazquez@health.ny.gov)

From website: The AIDS Institute has a long and unprecedented history of dedicating resources specifically for LGBT New Yorkers. In 1994, the AIDS Institute developed [Lesbian, Gay, Bisexual, and Transgender \(LGBT\) Health](#). This initiative supports the provision of effective behavior-based HIV prevention interventions and HIV-related supportive services - including alcohol, substance use and mental health counseling - that address the needs to gay men/men who have sex with men (MSM), lesbians/women who have sex with women (WSW), persons who have sex with multiple genders, and transgender individuals.

### **Youth.gov**

<https://youth.gov/youth-topics/lgbtq-youth>

This U.S. government website has many resources for and about children and teens in the LGBT community. Topics include behavioral health, child welfare, schooling, and transitioning to adulthood. There are resources for youth, as well as professionals, and caregivers.

### **Agencies and Organizations:**

#### **The Center-The Lesbian, Gay, Bisexual, Transgender Community Center**

208 W 13 Street  
New York, NY 10011  
(212) 620-7310  
<https://gaycenter.org/>

From website: The Center provides a range of programs, services and counseling options to help our LGBT communities protect and preserve their health. Looking for counseling services? Have questions about insurance enrollment? From mental health support to coping with substance use or living with HIV and AIDS, The Center is here to help.



**The Fenway Institute**

*National LGBT Health Education Center*

Ansini Building, 8<sup>th</sup> Floor

1340 Boylston Street

Boston, MA 02215

(617) 927-6354

[lgbthealtheducation@fenwayhealth.org](mailto:lgbthealtheducation@fenwayhealth.org)

<https://www.lgbthealtheducation.org/>

From website: The National LGBT Health Education Center provides educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, and transgender (LGBT) people.

The Education Center is a part of The Fenway Institute, the research, training, and health policy division of Fenway Health, a Federally Qualified Health Center, and one of the world's largest LGBT-focused health centers.

**GLMA-Health Professionals Advancing LGBTQ Equality**

1133 19th Street NW,

Suite 302

Washington, DC 20036

(202) 600-8037

[info@glma.org](mailto:info@glma.org)

<http://www.glma.org/>

From website: GLMA is a national organization committed to ensuring health equity for lesbian, gay, bisexual, transgender, queer (LGBTQ) and all sexual and gender minority (SGM) individuals, and equality for LGBTQ/SGM health professionals in their work and learning environments. To achieve this mission, GLMA utilizes the scientific expertise of its diverse multidisciplinary membership to inform and drive advocacy, education, and research.

**The Trevor Project**

PO Box 69232

West Hollywood, CA 90069

Trevor Lifeline 24/7 confidential helpline: 1-(866-488-7386

TrevorText 24/7 confidential helpline: Text 678678

TrevorChat 24/7 confidential -Online chat. Use a computer. Smartphone/tablet may experience technical difficulties. Visit The Trevor Project website to access helpline.

[info@thetrevorproject.org](mailto:info@thetrevorproject.org)

<https://www.thetrevorproject.org/>



The Trevor Project is a national organization that provides crisis intervention and suicide intervention to lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) young people under 25. The website also has resources and training available for educators, school nurses, and youth group leaders.

### **LGBT Network**

#### **Suffolk**

Hauppauge Center  
125 Kennedy Drive, Suite 100, Hauppauge, NY, 11788  
Telephone: (631) 665-2300  
Fax: (631) 665-7874

#### **East End**

The Hamptons LGBT Center  
44 Union Street  
Sag Harbor, NY 11963  
Telephone: (631) 899-4950  
Fax: (631) 665-7874

#### **Nassau (COMING SOON)**

Telephone: (516) 323-0011  
Fax: (516) 750-4715

[info@lgbtnetwork.org](mailto:info@lgbtnetwork.org)

<https://www.lgbtnetwork.org>

From website: The LGBT Network is an association of non-profit organizations working to serve the LGBT community of Long Island and Queens throughout the lifespan: Long Island Gay and Lesbian Youth (LIGALY), The Long Island LGBT Community Center (The Center), Services and Advocacy for LGBT Elders – Long Island (SAGE-LI), and the Queens LGBT Community Center (Q Center).

The website has links to each organization, and links to different programs and services available such as workshops and training designed for a variety of audiences including students, health service providers, law enforcement, faith-based organizations, and more.

### **Veterans Organizations:**

#### **Northport VA Medical Center**

79 Middleville Road  
Northport, NY 11768  
Sophia C. Cornia, LCSW  
LGBT Veteran Care Coordinator



(631) 261-4400 x4137

[sophia.cornia@va.gov](mailto:sophia.cornia@va.gov)

<https://www.northport.va.gov/services/lgbt/index.asp>

The Northport VA Medical Center provides an open, supportive, and safe environment to meet the needs of LGBT Veterans and their families. Staff receive annual LGBT training, as well as transgender mental health training. Services available include therapy (individual, group, family, and couples), pre- and post- gender reassignment support, Hormone Replacement Therapy, and Multi-disciplinary Transgender Treatment Team. The website includes fact sheets specific for the LGBT community with information about substance abuse, mental health, sexually transmitted infections, heart health, cancers, information for older members of the LGBT community, fitness, and Intimate Partner Violence.

## **SOCIAL MEDIA SITES, WEBSITES, BLOGS & MOVIES**

Connect with others interested in vascular disease.

Social media sites are NOT reliable sources for medical information.

### **CDC Health Services - Lesbian, Gay, Bisexual, and Transgender Health**

People who are lesbian, gay, bisexual, and transgender have a variety of health needs. Find networks, services, and health clinics by state available to address those needs.

Website: <https://www.cdc.gov/lgbthealth/health-services.htm>

### **Gay Men's Health Crisis (GMHC)**

GMHC is the world's first and leading provider of HIV/AIDS prevention, care and advocacy. Building on decades of dedication and expertise, we understand the reality of HIV/AIDS and empower a healthy life for all.

Website: <http://www.gmhc.org/>

Facebook: <https://www.cdc.gov/lgbthealth/health-services.htm>

Twitter" <https://www.cdc.gov/lgbthealth/health-services.htm>

### **The Center:**

The Center fosters a welcoming environment where everyone is celebrated for who they are. We offer the LGBTQ communities of NYC advocacy, health and wellness programs; arts, entertainment and cultural events; recovery, parenthood and family support services.

Website: <https://gaycenter.org/>

Facebook: <https://www.facebook.com/lgbtcenternyc>



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Twitter:

[https://twitter.com/intent/user?screen\\_name=LGBTCenterNYC&original\\_referer=https://gaycenter.org/about/](https://twitter.com/intent/user?screen_name=LGBTCenterNYC&original_referer=https://gaycenter.org/about/)

Instagram: <https://www.instagram.com/lgbtcenternyc/>

Flickr: <https://www.flickr.com/photos/thecenternyc/sets>

### **Institute for Sexual and Gender Minority Health and Wellbeing (Northwestern)**

The Institute for Sexual and Gender Minority Health and Wellbeing (ISGMH) was founded in 2015 and is the first university-wide institute in the country focused exclusively on research to improve the health of the sexual and gender minority (SGM) community.

Website: <https://isgmh.northwestern.edu/>

Facebook: <https://www.facebook.com/ISGMH>

Twitter: <https://twitter.com/ISGMH?lang=en>

Youtube: <https://www.youtube.com/channel/UC6zztlBw7vFD1fms5B0M4J>

### **Lavender Health (blog)**

LavenderHealth is a Resource Center for reliable LGBTQ+ health information and resources for health care professionals, educators, policy-makers and consumers. The primary mission of the project is to promote high-level wellness for LGBTQ+ people.

<https://lavenderhealth.org/>

### **Hashtags:**

#DemandingACure #LGBTHealth #LGBTHealthConf #TransgenderHealth #QueerHealth  
#LGBTResearch #PrideInPractice #TransHealth

### **Movies:**

All movie summaries from IMDB

#### **Southern Comfort (2001)**

“Southern Comfort documents the final year in the life of Robert Eads, a transgender man. Eads, diagnosed with ovarian cancer, was turned down for treatment by two dozen doctors out of fear that treating such a patient would hurt their reputations. By the time Eads received treatment, the cancer was too advanced to save his life. Filmmaker Kate Davis follows Robert and a group of transgender Southerners in this captivating and truly touching documentary.”

#### **Making Grace (2005)**

“Ann Krsul and Leslie Sullivan want to be mothers - together. They complement one another perfectly. Together, they discover the process of creating a family-from selecting a sperm donor and determining who will carry the baby.”

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### **Transamerica (2005)**

“A preoperative transgender woman takes an unexpected journey when she learns that she fathered a son, now a teenage runaway hustling on the streets of New York.”

## **SUPPORT GROUPS**

### **LGBT Network**

#### **Suffolk**

Hauppauge Center

125 Kennedy Drive, Suite 100, Hauppauge, NY, 11788

Telephone: (631) 665-2300

Fax: (631) 665-7874

#### **East End**

The Hamptons LGBT Center

44 Union Street

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Telephone: (631) 899-4950

Fax: (631) 665-7874

#### **Nassau (COMING SOON)**

Telephone: (516) 323-0011

Fax: (516) 750-4715

Website: <https://www.lgbtnetwork.org/>

### **Pride For Youth**

Community Service/Non-Profit

Address: 2050 Bellmore Ave, Bellmore, NY 11710

Service Areas: New York · Bronx · Stamford · Fairfield · Hicksville · Bridgeport · Norwalk ·  
Milford

Telephone: (516) 679-9000

Website: [prideforyouth.org](http://prideforyouth.org)